



SOPHIA COLLEGE FOR WOMEN (AUTONOMOUS)

Affiliated to the University of Mumbai

Programme: Humanities

Sociology (Minor)

Syllabus for the Academic Year 2024-2025
based on the National Education Policy 2020



SOPHIA COLLEGE FOR WOMEN (AUTONOMOUS)

DEPARTMENT OF SOCIOLOGY

COURSE DETAILS FOR MINOR

	SEMESTER 3	SEMESTER 4
TITLE	Sociology of Food	Gender & Spaces
TYPE OF COURSE - DSC	Minor	Minor
CREDITS	4	4



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Preamble

Sociology is the organized, systematic and scientific study of social life, social relationships and behaviour in human society. It emerged in response to attempts to understand changes occurring in society due to the processes of industrialisation, urbanization and globalization. Sociology addresses current social problems confronting society and policymakers. It enables one to think imaginatively, reject preconceived ideas about social life and to understand social change from a wider perspective. It allows one to look beyond a limited understanding of human behaviour and to see the world and people through a broader lens.

The programme aims to introduce the students to important practical applications and enable them to develop social criticism and practical social reform. Students would be able to critically evaluate policies based on an awareness of divergent cultural values as well as investigate the consequences of policy programmes. The program will cover areas such as crime, delinquency, demography, industrial sociology, rural sociology, sociology of occupation and profession, medical sociology, law and society, sociology of human resource development, research methodology and statistics. Through interactive classroom discussions using methods such as case study analysis, focus group discussions and debates, students would be able to develop a grasp on the subject. The pedagogical approaches include social outreach programmes, field visits, and expert guest lectures, which supplement classroom learning. By the end of the programme, students would become capable of careers in planning, community action programmes and public and employee relations. We aim to create capable and responsible individuals who can prove to be a valuable asset to academia, organizations, think tanks and the corporate sector.



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PROGRAMME OBJECTIVES

1	To introduce the students to the scientific understanding of the basic concepts and processes in society
2	To familiarize the students with the structure and function of the social institutions to appreciate the significance of society
3	To enable the students to engage with the theoretical and methodological aspects of the discipline of sociology
4	To acquaint the students with the skills and expertise needed in the field of social research, management, media and industry

PROGRAMME SPECIFIC OUTCOMES

1	To introduce students to the scientific understanding of the basic concepts and processes in society.
2	To familiarize students with the structure and functions of the social institutions and associations to appreciate the significance of society.
3	To enable students to engage with the theoretical and methodological aspects of the discipline of Sociology.
4	To acquaint students with the skills and expertise needed in the fields of social research, management, media, and industry.

Programme: Humanities Sociology Minor (DSC)	Semester – 3
Course Title: Sociology of Food	Course Code: ASOC233MN



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COURSE OBJECTIVES:

1. To orient students to the study of sociology of food.
2. To use food as a lens to explore reproduction of social inequality in terms of food production, distribution and consumption
3. To examine the major trends in dietary patterns and the impact on food cultures.
4. To describe the role of government and corporations in production and distribution of food.

COURSE OUTCOMES:

The learner will be able to :

1. Understand how food intersects with social structure, identities, culture and global processes.
2. Assess the inequalities faced by people in production and distribution of food.
3. Identify the changes in food consumption in the changing times.
4. Critically analyze the issues and concerns

Lectures per week (1 Lecture is 60 minutes)	4		
Total number of Hours in a Semester	60		
Credits	4		
Evaluation System	Semester Examination	2 Hours	50 marks
	Internal Assessment	--	50 marks

UNIT 1 Introduction to Sociology of Food	1.1	Meaning and perspectives	15 hours
	1.2	Food and culture	
	1.3	Eating On & Eating Out	
UNIT 2 Inequality in Getting Food	2.1	Caste and food	15 hours
	2.2	Women and food	
	2.3	Food and labourers	



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UNIT 3 Trends in Food	3.1	Food Fads	15 hours
	3.2	Diet and Health	
	3.3	Indianisation of Global Food	
UNIT 4 Government & Corporates	4.1	Food security and Public distribution system	15 hours
	4.2	Agricultural policies developed by the government	
	4.3	Corporate control of food	

ASSESSMENT DETAILS:

- I. Internal Assessment (IA): 50 marks
- II. Semester End Examination (SEE): 50 marks

REFERENCES:

1. Beardsworth, Alan & T. Keil. (1997) Sociology on the Menu: An invitation to the study of food and society. London: Routledge.
2. Ashley, Bob et al. (2004). Food and Cultural Studies. London: Routledge
3. Ritzer, George. (1998). The McDonaldization Thesis: Explorations and Extensions. New Delhi: Sage
4. Sen, Colleen Taylor. (2004). Food Culture in India. Westport: Greenwood Press
5. Website: <https://www.fao.org/home/en/>
6. Dolly Kikon (2022) Dirty food: racism and casteism in India, Ethnic and Racial Studies, 45:2, 278-297, DOI: 10.1080/01419870.2021.1964558
7. The Sociology of food: eating and the place of food in the society.

Programme: Humanities Sociology Minor (DSC)	Semester – 4
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SOPHIA COLLEGE FOR WOMEN (AUTONOMOUS)

Course Title: Gender and Spaces		Course Code: ASOC244MN	
<u>COURSE OBJECTIVES:</u>			
<ol style="list-style-type: none"> 1. To explore how gender influences the creation, use and perception of space 2. To assess the roles of gender in urban space, in reinforcing and challenging gender norms 3. To examine how gender intersects with spaces in a built environment 4. To analyze how spaces create a sense of identity and performativity among gender groups. 			
<u>COURSE OUTCOMES:</u>			
The learner will be able to :			
<ol style="list-style-type: none"> 1. Understand the intersection of space and gender 2. Critically examine how gendered structures and power dynamics influence spatial distribution 3. Recognize how gender intersects to create spatial inequalities and opportunities 4. Observe how gender and space bring forth a sense of identity and gender performativity. 			
Lectures per week (1 Lecture is 60 minutes)		4	
Total number of Hours in a Semester		60	
Credits		4	
Evaluation System	Semester Examination	2 Hours	50 marks
	Internal Assessment	--	50 marks

UNIT 1 Introduction to Gender and Space	1.1	Key Concepts: Gender and Space	15 hours
	1.2	Intersectionality of Gender with other social categories and Spatial differences	
	1.3	Social Construction of Space	



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UNIT 2 Gender, Spaces and Urban Environment	2.1	Public and Private Space	15 hours
	2.2	Gender and Urban Planning	
	2.3	Gendered Experiences: Accessibility, Safety and Representation	
UNIT 3 Gender, Work and Built Environments	3.1	Workplace Segregation	15 hours
	3.2	Home and Gendered Division of Labour	
	3.3	Digital Division: The Gender Gap	
UNIT 4 Gender, Space and Identity	4.1	Gender, Belonging and Identity	15 hours
	4.2	Queer Experiences: Visibility, Exclusion and Resistance	
	4.3	Changing Nature of Gender Performativity	

ASSESSMENT DETAILS:

III. Internal Assessment (IA): 50 marks

IV. Semester End Examination (SEE): 50 marks



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REFERENCES:

1. Hanson, S., & Pratt, G. (1995, January 1). *Gender, Work, and Space*. Routledge.
2. Kathryn Beebe , Angela Davis & Kathryn Gleadle (2012) Introduction: Space, Place and Gendered Identities: feminist history and the spatial turn, *Women's History Review*, 21:4, 523-532, DOI: 10.1080/09612025.2012.658172
3. Sheila Scraton & Beccy Watson (1998) Gendered cities: women and public leisure space in the 'postmodern city', *Leisure Studies*, 17:2, 123-137, DOI: 10.1080/026143698375196
4. Kumar, P. (2021, July 29). *Sexuality, Abjection and Queer Existence in Contemporary India*. Taylor & Francis.
5. Hanson, S., & Pratt, G. (1995, January 1). *Gender, Work, and Space*. Routledge. http://books.google.ie/books?id=ubSILWSIR24C&dq=gender+work+and+space+susan+hanson&hl=&cd=2&source=gbs_api
6. Fenster, T. (2005, November). The Right to the Gendered City: Different Formations of Belonging in Everyday Life. *Journal of Gender Studies*, 14(3), 217–231. <https://doi.org/10.1080/09589230500264109>
7. Anjaria, J. S. (2009, December). Guardians of the Bourgeois City: Citizenship, Public Space, and Middle–Class Activism in Mumbai. *City & Community*, 8(4), 391–406. <https://doi.org/10.1111/j.1540-6040.2009.01299.x>
8. Dickey, S. (2000, May). Permeable Homes: Domestic Service, Household Space, and the Vulnerability of Class Boundaries in Urban India. *American Ethnologist*, 27(2), 462–489. <https://doi.org/10.1525/ae.2000.27.2.462>
9. Massey, D. (2013, June 10). *Space, Place and Gender*. John Wiley & Sons. http://books.google.ie/books?id=cequBgAAQBAJ&printsec=frontcover&dq=space+place+and+gender+doreen+massey&hl=&cd=1&source=gbs_api
10. Spain, D. (2014, July 30). Gender and Urban Space. *Annual Review of Sociology*, 40(1), 581–598. <https://doi.org/10.1146/annurev-soc-071913-043446>