



SOPHIA COLLEGE

(AUTONOMOUS)

Affiliated to the University of Mumbai

Syllabi for Semesters III & VI

Program: B. A.

Course: SYBA Psychology 2020-2021

Programme – Bachelor of Arts (B. A.) Credit Based Semester and Grading System
S.Y.B.A. **Social Psychology**

Objectives: -

1. To enable students to gain knowledge of the basic concepts and modern trends in Social Psychology
2. To foster among students an interest in Social Psychology as a field of study and research
3. To increase student's awareness of the applications of the various concepts in Social Psychology in the Indian context

Semester III Social Psychology: SBAPSY 301

3 lectures per week, Credits = 3;

Unit 1: Social Psychology - The Science of the Social Side of Life

- a) Social psychology: an overview; advances at the boundaries
- b) How social psychologists answer the questions they ask: research as the route to increased knowledge; the role of theory in social psychology
- c) The quest for knowledge and rights of individuals: in search of an appropriate balance

Unit 2: Social Cognition – How we think about the social world

- a) Heuristics: how we reduce our effort in social cognition
- b) Schemas: mental frameworks for organizing social information
- c) Automatic and controlled processing: two basic modes of social thought
- d) Potential sources of error in social cognition
- e) Affect and cognition

Unit 3: Social Perception – Perceiving and Understanding Others

- a) Nonverbal communication: the unspoken language of expressions, gazes gestures and scents
- b) Attribution: understanding the causes of others' behaviour
- c) Impression formation and impression management: combining information about others

Unit 4: Attitudes - Evaluating and Responding to the Social World

- a) Attitude formation: how attitudes develop
- b) When and why do attitudes influence behaviour? How do attitudes guide behaviour?
- d) The fine art of persuasion: how attitudes are changed; Resisting persuasion attempts
- f) Cognitive dissonance: what it is and how do we manage it?

Semester IV Social Psychology: Course Code SBAPSY401

3 lectures per week; Credits = 3

Unit 1: The Causes, Effects, and Cures of Stereotyping, Prejudice, and Discrimination

- a) How members of different groups perceive inequality
- b) The nature and origins of stereotyping
- c) Prejudice: feelings toward social groups; Discrimination: prejudice in action
- e) Why prejudice is not inevitable: techniques for countering its effects

Unit 2: Social Influence - Changing Others' Behaviour

- a) Conformity: Group Influence in Action
- b) Compliance: To Ask – Sometimes - Is to Receive

- c) Symbolic social influence
- d) Obedience to Authority

Unit 3: Aggression - Its Nature, Causes, and Control

- a) Perspectives on aggression: in search of the roots of violence
- b) Causes of human aggression: social, cultural, personal, and situational
- c) Bullying: singling out others for repeated abuse
- d) The prevention and control of violence: some useful techniques

Unit 4: Interpersonal Attraction Close relationships and Love

- a) Internal sources of attraction: The role of needs and emotions
- b) External sources of attraction: The effects of proximity and physical beauty
- c) Factors based on social interaction: Similarity and social liking.
- d) Close relationships: Foundations of social life

Book for Study:

Baron, R. A., & Branscombe, N. R. (2017). Social Psychology. (14th ed.). New Delhi: Pearson Education; Indian reprint 2014

Books for Reference

- 1) Aronson, E., Wilson, T. D., & Akert, R. M. (2007). Social Psychology. (6th edi.), New Jersey: Pearson Education Prentice Hall
- 2) Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2014). Social Psychology. (13th ed.). New Delhi: Pearson Education, Indian adaptation 2014
- 3) Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2008). Fundamentals of Social Psychology (Briefer edition.). New Delhi: Pearson Education, Indian adaptation 2012
- 4) Baumeister, R. F., & Bushman, B. J. (2008). Social Psychology and Human Nature. International student edition, Thomson Wadsworth USA
- 5) Delamater, J. D., & Myers, D. J. (2007). Social Psychology. (6th edi.), Thomson Wadsworth International student edition, USA
- 6) Franzoi, S. L. (2003). Social Psychology. (3rd ed.). New York: McGraw Hill co.
- 7) Kenrick, D. T., Newberg, S. L., & Cialdini, R. B. (2007). Social Psychology: Goals in Interaction. (4th edi.). Pearson Education Allyn and Bacon, Boston
- 8) Mercer, J. & Clayton, D. (2014). Social Psychology. New Delhi: Dorling Kindersley India pvt ltd.
- 9) Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology. (12th edi.). New Delhi: Pearson Education

Programme – Bachelor of Arts (B. A.) Credit Based Semester and Grading System
S.Y.B.A. **Developmental Psychology** Paper III
Brought into force with effect from the academic year 2020-2021

Objectives: -

1. To enable students to gain knowledge and understanding of the basic concepts, principles, perspectives and modern trends in Developmental Psychology
2. To foster among students an interest in Developmental Psychology as a field of study and research
3. To increase student's awareness of the implications and applications of the various concepts, principles and theories of Developmental Psychology in daily life in the Indian context

Semester III Developmental Psychology: Course Code SBAPSY302

Credits = 3; 3 lectures per week

Unit 1. An Introduction to Lifespan Development

- a) An orientation to lifespan development
- b) Key issues and questions: determining the nature and nurture of lifespan development
- c) Theoretical perspectives on lifespan development
- d) Research methods

Unit 2. The Start of Life: Prenatal Development, Birth and the New born Infant

- a) Earliest development, prenatal growth and change
- b) Birth, birth complications

Unit 3. Physical Development in Infancy

- a) The competent new-born
- b) Growth and stability
- c) Motor development
- d) The development of the senses

Unit 4. Cognitive and personality Development in Infancy

- a) Piaget's Approach to Cognitive Development
- b) Information Processing Approaches to Cognitive Development
- c) The Roots of Language
- d) Differences among infants

Semester IV Developmental Psychology: Course Code UAPS402
Credits = 3; 3 lectures per week

Unit 1. Physical and Cognitive Development in the Preschool Years

- a) Physical growth - the growing body, the growing brain, motor development
- b) Intellectual development
- c) The growth of language and learning

Unit 2. Social and Personality Development in Pre-school years

- a) Forming a sense of self
- b) Friends and family: pre-schoolers' social lives
- c) Moral development and aggression

Unit 3. Physical and Cognitive Development in Middle Childhood

- a) Physical Development
- b) Intellectual development
- c) Schooling: The Three Rs (and More) of Middle Childhood

Unit 4. Social and Personality Development in Middle Childhood

- a) The developing self
- b) Relationships: Building friendship in middle childhood
- c) Family and school: shaping children's behaviour in middle childhood

Book for study

Feldman, R. S. (2018). Development across the Life Span. (8th Ed). New Jersey: Pearson Education

Books for reference

- 1) Berk, L. E. (2006). Child Development. (7th Ed). New Delhi: Pearson Education Dorling Kindersley India pvt ltd.
- 2) Berk, L. E. (2004). Development through the lifespan. (3rd Ed). New Delhi: Pearson Education Dorling Kindersley India pvt ltd.
- 3) Cook, J. L., & Cook, G. (2009). Child Development: Principles and Perspectives. Boston: Pearson Education

- 4) Crandell, T. L., Crandell, C. H., & Zanden, J. W. V. (2009). Human Development. (9th Ed). New York: McGraw Hill co. Inc.
- 5) Dacey, J. S. & Travers, J. F. (2004). Human Development across the lifespan. (5th Ed). McGraw Hill co.
- 6) Feldman, R. S., & Babu, N. (2011). Discovering the Life Span. Indian subcontinent adaptation, New Delhi: Dorling Kindersley India pvt ltd.
- 7) Kail, R. V. (2007). Children and their Development. (4th Ed). New Jersey: Pearson Education Inc.
- 8) McDevitt, T. M., & Omrod, J. E. (2007). Child Development and Education. (3rd Ed). New Jersey: Pearson Education Inc.
- 9) Papalia, D. E., Olds, S. W., & Feldman, R. (2012). Human Development. (12th Ed). McGraw Hill, international Edition
- 10) Shaffer, D. R., & Kipp, K. (2007). Developmental Psychology: Childhood and Adolescence. (7th Ed). Thomson Learning, Indian reprint 2007