

Sophia Gymnasium

Rules and regulations of Sophia Gymnasium:

1. The Sophia Gymnasium will be accessible for the student between 9.00 am to 7.00 pm.
2. Membership of the Sophia Gymnasium is non-transferable. All fees paid are non-transferable and payable in advance, whether new membership or renewal of membership.
3. The Sophia Gymnasium membership is open to the students and staff of Sophia College.
4. Proper gym attire is expected to avoid any unwanted situation/circumstances.
5. Each student must submit a medical fitness certificate from the family physician and this will need renewal every year whenever necessary.
6. Membership may be renewed in the week prior to the expiry date, and the payment of such fees and charges may be fixed/renewed by the management whose decision will be final.
7. The management reserves the right to terminate the membership of any member on account of misconduct, default or any other reason. Termination of membership will not entitle the person to a refund of the membership fee or any part thereof.
8. The membership card is non-transferable and shall be used only by the person in whose name it has been issued. Any misuse will result in cancellation of membership, without a refund. Members must sign on their membership card before using it. Members are required to always carry their membership card, and the same should be presented on demand.
9. In the event of the membership card being lost, this should be reported to the management to prevent the misuse of the lost membership card. The member is totally responsible for any misuse of the lost membership card. A nominal charge of Rs. 20:00 will be charged for the issue of a second membership card.
10. The management shall not be responsible for any injury caused to the members, due to any mishap / accident within the premises of the Sophia Gymnasium and will not entertain any claims in this respect. The members will use the facilities at their own risk and liabilities.
11. Members are not permitted to bring any food/eatables/soft drinks/alcohol/energisers etc. from outside or consume them while in the Sophia Gymnasium premises.
12. Smoking is strictly prohibited.
13. The management reserves the right to alter and/or substitute any of these rules and Regulations, or part of them mentioned above, without any prior notice.



Shruti Waydande Kadam

Sports Director

Sophia gymkhana and sports club

Rules and regulations of Sophia gymkhana and sports club:

1. The Sophia gymkhana will be accessible for the student between 9.00 am to 6.00 pm.
2. The facilities of Sophia gymkhana are available for all the students.
3. Sophia gymkhana will provide basic equipment for sport.
4. Proper sports attire/ comfortable clothes are expected to avoid any unwanted situation/circumstances.
5. To be eligible for the student to participate in any sport competition the students must be the member of sports club.
6. Membership of the Sophia Sports Club is non-transferable. All fees paid are non-transferable and payable in advance, whether new membership or renewal of membership.
7. The membership card is non-transferable and shall be used only by the person in whose name it has been issued. Any misuse will result in cancellation of membership, without a refund. Members must sign on their membership card before using it. Members are required to always carry their membership card and the same should be presented on demand.
8. In the event of the membership card being lost, this should be reported to the management to prevent the misuse of the lost membership card. The member is totally responsible for any misuse of the lost membership card.
9. The management shall not be responsible for any injury caused to the members, due to any mishap / accident within the premises of the Sophia gymkhana and will not entertain any claims in this respect.
10. Members are not permitted to bring any food/eatables/soft drinks/alcohol/energisers etc. from outside or consume them while in the Sophia gymkhana premises.
11. Smoking is strictly prohibited.



Shruti Waydande Kadam

Sports Director