

Rotaract Club of Sophia College For Women (Annual Report)

Title Of the Activity/Event: Annadaan - A food donation drive

Date: 01/07/2023-01/07/2023

Name Of the Resource Person: Rtr. Maryam Aarbi and Rtr. Vaishnavi Rana

Venue/Platform (If Done Online): Churchgate, Mazgaon, Dongri

Number Of Participants / Views (if done online): 9

Number of Attendees : 9

Description: The Rotaract Club of Sophia College, in collaboration with the district, conducted a remarkable food donation drive across various locations. This initiative, driven by a strong sense of service and compassion, aimed to alleviate hunger and provide sustenance to those in need.

Title Of the Activity/Event: Learnovation

Date: 01/07/2023-01/07/2023

Name Of the Resource Person: Rtr. Nandini Bang and Rtr. Vaishnavi Rana

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 17

Number of Attendees: 17

Description: The main aim of conducting this session was to improve BODs' level of awareness, which is making them understand what Rotaract is and what pivotal roles they play here. The idea behind conducting these sessions every quarter is to keep the spirits/energy up, thereby refreshing and improving various skills on the basis of previous events conducted throughout the quarter.

Title Of the Activity/Event: I-SOCIAL (JP)

Date: 19/07/2023-19/07/2023

Name Of the Resource Person: Rtr. Bhavisha Patnaik

Venue/Platform (If Done Online): Google Meet

Number Of Participants / Views (if done online): 24

Number of Attendees: 24

Description: The main aim behind conducting this event was to have a cultural social session that brings cultures together on the occasion of International Nelson Mandela Day. This event paid tribute to Nelson Mandela while understanding and bridging the cultural gap. Nelson Mandela believed in unity and also considered the "land of Gandhi" his inspiration. India was his first visit after his jail years. Keeping his principles in mind we brought together an event to bridge the cultural gap and celebrate togetherness. Our aim was to convey the message that we can be separated by geographical boundaries yet be united by principles which is the beauty of humankind as Nelson Mandela recognised and advocated for.

Title Of the Activity/Event: Kohinoor

Date: 15/08/2023-15/08/2023

Name Of the Resource Person: Rtr. Bhavisha Patnaik

Venue/Platform (If Done Online): Gateway of India, Asiatic Library

Number Of Participants / Views (if done online): 8

Number of Attendees: 8

Description: To celebrate common people, their hard work and patriotism as a tribute on Independence Day. The event, organized by Rtr. Bhavisha, began with a WhatsApp group to enhance efficiency. Participants, including the chairperson, met at Churchgate station and traveled by bus to the Gate of India. They interviewed local community workers about independence, experiencing various Independence Day celebrations. At the Asiatic Society, they wrote letters to strangers and exchanged patriotic songs. They distributed letters to different groups and foreigners to showcase Indian greetings. Finally, at Flora Fountain, they paid tribute to India's history with speeches, songs, and poems, concluding with a Vote of Thanks and a rendition of "Ae Mere Watan Ke Logon."

Title Of the Activity/Event: AMPLIFY: A Fandom Evening

Date: 28/08/2023-28/08/2023

Name Of the Resource Person: Rtr. Nandini Bang and Rtr. Vaishnavi Rana

Venue/Platform (If Done Online): Shagun Hall, Matunga

Number Of Participants / Views (if done online): 84

Number of Attendees: 84

Description: The aim of the event was to bring everyone together and as music is considered a symphony of life, it is something which connects us all together, so what's better than connecting the family other than music? Also, Amplify was the dream project of the VPs since last year, so to start the year on a positive note, AMPLIFY was our heartfelt welcome to everyone.

Title Of the Activity/Event: A Spectacle Symphony

Date: 19/08/2023-19/08/2023

Name Of the Resource Person: Rtr. Janane Sudhakar and Rtr. Danielle D'Souza

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 26

Number of Attendees: 26

Description: To bring out the creativity of the participants. As well as to create an inclusive space for students to express themselves in whatever way they wish to. This event's focus is on the various ways one can showcase their writing skills as well as their abilities to correlate their preferred character to a certain genre of music.

Title Of the Activity/Event: Gaiety

Date: 18/08/2023-18/08/2023

Name Of the Resource Person: Rtr. Muskan Jhaa and Rtr. Anusikha Bhuyan

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 18

Number of Attendees: 18

Description: Now-a-days, everyone is glued to their mobile phones and have forgotten the fun and joy of mixing and bonding with the people around. In this event, we tried to bond with each other through various team activities that serve as a reminder to ourselves how

much fun, social interactions can be. Rtr. Maryam Aarbi and Rtr. Vaishnavi Rana from Main Avenues authorized the event, which involved creating PR messages and posters shared through social media. A WhatsApp group facilitated communication. The event began with introductions, followed by Rotaract and Club Service Avenue introductions. Four games were curated: "Guess The Word," a lip-reading game, "Konfusion," and a song-guessing game. The event concluded with a feedback form, promotion of upcoming events, and a Vote of Thanks.

Title Of the Activity/Event: Membership Month

Date: 01/08/2023-31/08/2023

Name Of the Resource Person: Rtr. Rida Thakur, Rtr. Wajahat Ladhani

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 41

Number of Attendees: 41

Description: Alumni Testimonials: Our club Alumnis shared their stories of achievements and how Rotaract has helped them grow as individuals and as a society.

Club Service x Membership Month: 'Have you picked your card yet?' was an exciting event that had people take cards and perform the dares written in them.

Branding: RCSCW branded the logo on the coffee shop and several coffee cups that were bought by students

Interactors Orientation: Team HRD successfully conducted an interactors orientation wherein they explained the meaning and significance of Rotaract.

Members Spotlight: Several members were celebrated as their achievements were brought under the spotlight for the world to see!

Rotaract in one word: The team of RCSCW asked people to describe Rotaract in one word and people had some sweet answers.

Create a captivating video showcasing the club's activities: This video displayed the fun side of Rotaract and the behind the scenes of the Core Team.

Celebrate Achievements: The Club's past achievements were emphasized and posted to celebrate the warmth of the club.

Title Of the Activity/Event: The Cinematic Whiskers

Date: 16/09/2023-16/09/2023

Name Of the Resource Person: Rtr. Kriti Joshi, Rtr. Mehshaam Peerbhoy

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 28

Number of Attendees: 28

Description: The event was to see how well people understand business and make decisions in videos. It was a fun way to experiment if they can think like business experts. The main goal was to create a fun and learning space where people could discover how good they are at entrepreneurship and see how they handle real business.

Title Of the Activity/Event: Craft Paradise

Date: 16/09/2023-16/09/2023

Name Of the Resource Person: Rtr. Muskan Jhaa and Rtr. Anusikha Bhuyan

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 28

Number of Attendees: 28

Description: A craft party where one gets to use their creativity while playing fun games and enjoy each other's company. As soon as the college students were informed of their exams, we decided to plan an event that would give them a break not only physically but also mentally, yet keep them active. As Craft exercises and therapies are getting more attention, we thought of adding that element to the event.

Title Of the Activity/Event: What's In My Bag?

Date: 16/09/2023-16/09/2023

Name Of the Resource Person: Rtr. Mehshaam Peerbhoy

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 25

Number of Attendees: 25

Description: The aim of this event was to motivate individuals to explore entrepreneurship as a career option and encourage them to turn their ideas into viable business. The event, organized by Rtr. Mehsham Peerbhoy at Central Lawn, Sophia College, focused on entrepreneurial challenges. It was proposed to Rtr. Vaishnavi Rana and approved. Clips depicting entrepreneurial challenges were shown, followed by a game of "What's In My Bag," resembling Shark Tank pitches. Despite being an on-the-spot activity, participants showed enthusiasm and convincing pitches. The event concluded with a Vote of Thanks by the Chairperson, appreciating the participants' spirit.

Title Of the Activity/Event: CoreServe: Birthdays Beyond Self

Date: 16/07/2023-16/09/2023

Name Of the Resource Person: Rtr. Rida Thakur

Venue/Platform (If Done Online): Gurudwara, Bombay

Number Of Participants / Views (if done online): 17

Number of Attendees: 17

Description: The aim of this project is to foster a sense of community and altruism within our club while celebrating the birthdays of core members. We aim to channel the joy of birthdays towards meaningful acts of giving back to society. By coming together to serve those in need on these special occasions, we hope to strengthen the bonds among our club members and instill a spirit of empathy and social responsibility. Ultimately, our goal is to create a culture of celebration that enriches both the lives of our members and the communities we serve.

Title Of the Activity/Event: Bonding Bistro

Date: 07/09/2023-14/09/2023

Name Of the Resource Person: Rtr. Rida Thakur

Venue/Platform (If Done Online): Food outlets near Sophia College

Number Of Participants / Views (if done online): 25

Number of Attendees: 25

Description: The primary objective of this event was to create a comfortable and harmonious environment for our co-directors, with the aim of strengthening their mutual trust and fostering a sense of camaraderie. We sought to make them recognize the substantial common ground they share with their fellow directors.

Title Of the Activity/Event: Unfilter with yours truly..!!

Date: 28/09/2023-30/09/2023

Name Of the Resource Person: Rtr. Rida Thakur

Venue/Platform (If Done Online): Zoom

Number Of Participants / Views (if done online): 24

Number of Attendees: 24

Description: The event aimed to facilitate the comfort and familiarity of our Board of Directors (BODs) with their roles, ensuring their mental and physical availability for the club. It sought to boost their self-confidence and trust in both themselves and the Core team.

Title Of the Activity/Event: In HER Shoes

Date: 27/09/2023-27/09/2023

Name Of the Resource Person: Rtr. Janane Sudhakar

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 44

Number of Attendees: 44

Description: It has been known for a very long time that most aspiring writers need a push to expose their wonderful piece of work to the world. We have seen growing interest in the field of writing and especially as students of humanities stream, it was also a topic which needed to be covered academically. This event helped to do so in a fun and relatable way. The aim of the event was to provide an insightful writing workshop with an author who is amazing with her female protagonists.

Title Of the Activity/Event: Vinayak Utsav

Date: 25/09/2023-25/09/2023

Name Of the Resource Person: Rtr. Mariam Mapari

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 23

Number of Attendees: 23

Description: The aim of the event is to spread happiness and illuminate the lives of those who cannot celebrate the event the same as us. It also is to spread awareness about the environmental harm and provide a platform for the voices of young but active individuals.

Title Of the Activity/Event: Wellness In Action

Date: 18/09/2023-18/09/2023

Name Of the Resource Person: Rtr. Mariam Mapari

Venue/Platform (If Done Online): Clinic of Dr. Tanveer.N.A.Wadekar

Number Of Participants / Views (if done online): 20

Number of Attendees: 20

Description: In this rainy season, individuals attract all kinds of diseases. Due to which, the Chairpersons came up with the idea of this event, and also to break the chain of giving something only as donation but rather, distributing it as a gift. Changes in climate or surroundings not only affect children physically but also mentally and emotionally. Hence we added the element of a psychologist so as to benefit the children with not only a physical check up but also a mental check up.

Title Of the Activity/Event: Aid to our Family faraway

Date: 30/09/2023-03/10/2023

Name Of the Resource Person: Rtr. Mariam Mapari, Rtr. Shannon Monteiro

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 18

Number of Attendees: 18

Description: On September 21st, we celebrated International Peace Day. On this occasion, we organized an event to raise awareness about the situation in Manipur, to show our support for Manipur, and to pray for the restoration of peace. It was also aimed at promoting the unity of India and highlighting the importance of peace movements taking place worldwide.

Title Of the Activity/Event: Haunted Soiree

Date: 28/10/2023-31/10/2023

Name Of the Resource Person: Rtr. Sneha Deka, Rtr. Ruba Khan

Venue/Platform (If Done Online): Google Forms, Marine Lines

Number Of Participants / Views (if done online): 23

Number of Attendees: 23

Description: An event called the "Haunted Soirée" was organised with the main goal of gathering scary stories and enjoying Halloween together. People shared their own frightening experiences and dressed up in spooky costumes. The event was planned by the chairpersons and approved by Rtr. Nandini Bang. They spread the word through social media and collected stories and costume pictures through a Google form. On Halloween, participants showed off their creative costumes, from classic monsters to modern characters. There were also fun Halloween games like an Escape Room, where people had to solve puzzles while staying in character. The event was a hit, bringing people together to have fun and showcase their creativity, and it had many positive outcomes like providing entertainment, improving storytelling skills, and building connections.

Title Of the Activity/Event: Voices Unite

Date: 29/11/2023-29/11/2023

Name Of the Resource Person: Rtr. Bhavisha Patnaik

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 7

Number of Attendees: 7

Description: An event was held to raise awareness about the Palestine-Israel conflict on the "International Day of Solidarity with the Palestinian People." The event focused on understanding the history of Palestine and the struggles faced by its people. Discussions

covered topics like the role of the United Nations and India's neutral stance. Participants explored the impact of social media on raising awareness and discussed ways to support Palestine, including boycotting brands that indirectly support violence. The event emphasized respectful dialogue and concluded with a moment of reflection. Art was used as a form of expression to show solidarity with Palestine. A WhatsApp group was created to continue discussions and support each other. Overall, the event aimed to promote understanding, empathy, and open conversation about the conflict while keeping everyone informed and united.

Title Of the Activity/Event: Soul of Seoul

Date: 30/11/2023-30/11/2023

Name Of the Resource Person: Rtr. Muskan Jhaa, Rtr. Riva Surana

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 14

Number of Attendees: 14

Description: An event was organized to introduce people to South Korean culture and bond over shared interests. It started with introductions and explanations about the event's purpose. Activities included a quiz about K-pop and Korean culture, completing song lyrics, making pop hearts, and imagining alternate endings to Korean dramas. Participants also discussed their favorite songs and shared fudge as a prize. The event ended with feedback forms and activities to keep everyone engaged. Overall, it was a fun way for people to socialize, make new friends, and learn about Korean culture.

Title Of the Activity/Event; Take a Break

Date: 19/11/2023-19/11/2023

Name Of the Resource Person: Rtr. Ruba Khan, Rtr. Sneha Deka, Rtr. Mariya Fidvi

Venue/Platform (If Done Online): Google Forms

Number Of Participants / Views (if done online): 9

Number of Attendees: 9

Description: This event aimed to encourage people to rediscover hobbies and activities that don't involve screens. The organizers got approval from Rtr. Nadini Bang and promoted the event on social media. Participants shared their off-screen hobbies through reels and stories, and a winner was chosen. Afterward, the organizers thanked everyone and distributed feedback forms. Taking part in the event helped participants take a break from screens and appreciate different interests. It also led to discovering new passions, connecting with others, and improving mental well-being. Activities like drawing, singing, and driving were highlighted, showing how they can positively impact people's lives beyond the event. Overall, the event inspired participants to incorporate more offline activities into their daily routines for better mental health and fulfillment.

Title Of the Activity/Event: SPARKservice

Date: 12/11/2023-12/11/2023

Name Of the Resource Person: Rtr. Vaishnavi Rana

Venue/Platform (If Done Online): Kumbharpada (Virar- East)

Number Of Participants / Views (if done online): 12

Number of Attendees: 12

Description: The goal of the SPARKservice project was to bring light and joy to dark places, similar to the festive atmosphere of Diwali. Organized by enthusiastic chairpersons, the project aimed to spread happiness, provide assistance to those in need, and instill hope in struggling communities. Through social media promotions and PR efforts, awareness about the initiative was raised. Participants contributed creatively by sharing original Diwali songs and poems, adding a personal touch to the project. Various donations, including books for kids, utensils for women, and essential items for families, were distributed to underserved communities. Additionally, the team immersed themselves in the communities' daily lives to better understand their needs and provide meaningful support. Beyond material assistance, the project aimed to uplift spirits and foster a sense of belonging among those often overlooked. The goal was not just to provide immediate help but to create positive, lasting change and showcase the interconnectedness and support within the diverse community.

Title Of the Activity/Event: Skill Sprint

Date: 27/11/2023-27/11/2023

Name Of the Resource Person: Rtr. Mehshaam Peerbhoy

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 18

Number of Attendees: 18

Description: The "Skill Sprint: Entrepreneurship Board Game Challenge" aimed to give participants a fun and educational experience that mirrors the challenges faced by entrepreneurs. Through this game, participants learned about business strategy, risk management, and teamwork in an engaging way. The event began with an overview of the game's mechanics, followed by enthusiastic participation from players. Unlike traditional board games, participants received investment capital to start their business ideas, fostering entrepreneurial thinking. They strategically built franchises and faced challenges like jail, which prompted them to take risks and adapt. The game also included tasks like pitching business ideas and creating marketing strategies. By the end of the event, participants gained insights into the real-world challenges of entrepreneurship while improving skills like communication and strategic thinking. Overall, the event was a fun and enriching experience that promoted innovation and collaboration among participants.

Title Of the Activity/Event: MANIFE(St)ory- telling

Date: 28/11/2023-28/11/2023

Name Of the Resource Person: Rtr. Kriti Joshi

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 22

Number of Attendees: 22

Description: The event focused on helping participants build confidence and independence through manifestation and discussions. Organized by the chairperson and approved by Rtr. Vaishnavi Rana, the event included social media promotions and a WhatsApp group for communication. It started with introductions and rules, followed by a discussion where

participants shared optimistic sentences about their future goals, creating a manifestation story together. They also discussed startup ideas and shared movie dialogues related to their goals. A final activity involved noting down key takeaways. Overall, the event fostered idea exchanges, lively discussions, and personal growth, improving skills like communication and decision-making. It helped participants set goals and plan their future effectively, emphasizing individual journeys and the importance of self-improvement.

Title Of the Activity/Event: Growth and Success Unveiled

Date: 16/12/2023-16/12/2023

Name Of the Resource Person: Rtr. Marsnika Jain, Rtr. Riddhi Uppal

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 80

Number of Attendees: 80

Description: The event aimed to educate people about different career paths and success stories. Organized by the chairpersons and approved by Rtr. Nandini Bang, it included a panel discussion with successful individuals from various fields. The discussion covered early experiences, pivotal moments, and strategies for dealing with challenges. Games like Rapid Fire and Dumb Charades added a fun element to the event. Panelists shared personal anecdotes and advice, inspiring the audience to pursue their goals with determination. Audience members also had the opportunity to ask questions, fostering interaction and networking. Overall, the event left a lasting impact by motivating and empowering attendees to pursue their own paths to success.

Title Of the Activity/Event: Breaking the Silence

Date: 16/12/2023-16/12/2023

Name Of the Resource Person: Rtr. Mariam Mapari, Rtr. Shannon Monteiro

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 18

Number of Attendees: 18

Description: The event, called "Breaking the Silence," aimed to raise awareness about different types of violence against women and how to tackle them effectively. Organized by the Community Service team and approved by Rtr. Vaishnavi Rana, the event included a discussion on recognizing and responding to various forms of violence. Clips from movies were shown to deepen understanding of physical, mental, and verbal abuse. Participants learned about legal actions to take in such situations and were encouraged to spread awareness. The event empowered attendees to confidently handle these situations and inspired them to be advocates for change. It had a positive impact by equipping participants with knowledge and skills to address violence against women and spread awareness in their communities.

Title Of the Activity/Event: Visionary

Date: 11/12/2023-24/12/2023

Name Of the Resource Person: Rtr. Kriti Joshi

Venue/Platform (If Done Online): Online, Sophia College for Women

Number Of Participants / Views (if done online): 13

Number of Attendees: 13

Description: The event aimed to help participants create vision boards for the year 2024, gathering their aspirations and goals in one place. Organized by the chairperson and approved by Rtr. Vaishnavi Rana, it included guidance on the purpose and use of vision boards, as well as past experiences of participants. Participants took silent time to think about their goals and were provided with cue cards and motivational videos. A WhatsApp group was created for participants to share their vision boards and receive regular reminders and inspiration. The event concluded with a meeting to discuss the experience and share feedback. Vision boards serve as powerful tools for staying motivated and focused on achieving personal goals, boosting productivity and beating procrastination. Overall, the event had a positive impact on participants, inspiring them to work towards their aspirations with renewed enthusiasm.

Title Of the Activity/Event: Eternal Impressions Soiree

Date: 09/12/2023-09/12/2023

Name Of the Resource Person: Rtr. Alisha Zariwala

Venue/Platform (If Done Online): Sophia College for Women

Number Of Participants / Views (if done online): 24

Number of Attendees: 24

Description: The event aimed to bring participants together to create digital souvenirs for their loved ones, blending creativity with technology. After discussions with the VPSE, the idea was curated to convey the essence of "Digital" while making an impact on the audience. Participants gathered at the Marble Staircase, Sophia College, where they worked in pairs to make souvenirs using digital platforms like Canva and Instagram. There was a competitive aspect to the event, adding to the fun and enthusiasm. Each participant presented their creation to their partner, and everyone took their time selecting templates, colors, and images. The event served as a reminder of the value of loved ones and highlighted the importance of cherishing relationships. It also encouraged participants to blend technology with creative thinking and fostered a sense of friendly competition among them.

Title Of the Activity/Event: Santa Scout

Date: 10/12/2023-10/12/2023

Name Of the Resource Person: Rtr. Mariam Mapari

Venue/Platform (If Done Online): Virar to Vasai road

Number Of Participants / Views (if done online): 10

Number of Attendees: 10

Description: The goal of the event, Santa Scout, was to improve the winter season for homeless people while maintaining their dignity. Participants aimed to understand the challenges faced by homeless individuals and provide assistance. Inspired by Scout and Guide experiences, the event involved creating DIY decorations and collecting winter clothes and blankets from residents. Participants helped decorate houses, cooked, cleaned, and interacted with residents. They also visited rural areas to donate to homeless individuals and connected families with job opportunities. The event promoted empathy, gratitude, and skill

development among participants, leaving everyone feeling fulfilled and motivated for future similar events.

Images link:

<https://drive.google.com/drive/folders/1aaMciL2cPABhvgCj9aYEnSYjH0BydQ6h>