

Rotaract Club of Sophia College for women

Name of the event : Emojimania

Date: 17th July, 2022

Time: 1:00 pm

Venue: Sophia college

Charges:

No.of participants: 29

An offline event where fun activities and games were played related to emojis like charades, guess the movie through emojis, pin the spark to the bomb emoji and an activity to post an Instagram story where a picture of theirs relates to an emoji.

The enactment of the emojis, as well as the attempt to recognise the actions, increased their thinking ability in a broader sense.

Impacts : The participants were generally pleased with the event. The enactment of the emojis, as well as the attempt to recognise the actions, increased their thinking ability in a broader sense. Teamwork was also a key takeaway from the event in terms of how people work and present themselves as a team.

Link for Pictures :

<https://drive.google.com/drive/u/2/folders/17U-K492kwzq8TAoz45xXG44JPVdn2G2p>

Name of the event : Atrangi yaari

Date: 30th July, 2022

Time: 3:00 pm

Venue: Google forms

Charges:

No.of participants: 12

A google form was circulated through the whatsapp groups & asked the participants to form an acrostic with the word "FRIENDSHIP", best ones were reposted on the instagram handle. We had amazing responses from the participants defining their definition of friendship and what friendship means to them.

Impacts : Friends boost your happiness and reduce your stress by giving you a sense of belonging and purpose. Making a person think about their friends and frame a poem acrostic or a word acrostic gives them a genuine feeling and warmth in that friendship and strengthens it by sharing it and thinking about each other.

Link for Pictures:

<https://drive.google.com/drive/u/2/folders/1pJptKNMmFbc0vg3oIJQwNOFCNgqwhl9R>

Name of the event : International Youth Day

Date: 12th August, 2022

Time: 8:00 am

Venue: Instagram

Charges:

No.of participants:33

6 to 8 questions were posted on the RCSCW instagram handle asking certain opinions and general knowledge questions to the participants.

Impacts : The impact of youth answering such general knowledge questions so that they know what is the purpose of us celebrating international youth day and how important is the youth of today for the future of the nation. It also made sure as to what is the yearly theme for the youth day.

Link for Pictures:

<https://drive.google.com/drive/u/2/folders/1h1rNqE6JEUbd2eAE8h5ZO9RhM0Np5dqV>

Name of the event : Celebrating Peace Together

Date: 15th August, 2022

Time: 10:30 pm

Venue: Microsoft Teams

Charges:

No.of participants: 23

A joint event with Rotaract Club of Lyallpur, Pakistan RID-3272. Where, how Independence Day is celebrated every year in both countries was spoken about, how each country celebrates festivals. Made ourselves aware about the diverse cultures of different countries.

A small quiz was played which had question to ask the opposite club about themselves & had a discussion that ensued covered topics like why it's important to interact with different clubs and get to know them, the fact that even though our countries are officially free from British rule, we still adhere to many of their rules, and the fact that despite being declared free countries, there are still some aspects of our lives that aren't free, whether they be mentally or physically.

Impacts : Helps people to learn how to work with each other and get along well. Builds skills like communication, planning, problem-solving and conflict resolution. Builds empathy and compassion. Encourages long-term behavior change. Helps people build genuine connections. Encourages deeper discussion and processing. Makes you aware about the diverse cultures of different countries.

Link for Pictures:

https://drive.google.com/drive/u/2/folders/1GO_mD5PieaJQa6xD8XVsDmo6GrLHi7Mg

Name of the event : Furry tales

Date: 25th August, 2022

Time: 5:00 pm

Venue: Instagram

Charges:

No.of participants: 10

A google form was circulated and participants were asked to upload a picture with their dogs and write about their relationship and what does that dog mean to them in their lives. Getting to know about so many beautiful relationships between a human and a dog is overwhelming. There was so much love, respect, happiness as well as pain in all of the participants' stories.

Impacts : It's to honor the unwavering affection that animals have for people. It is also commemorated to draw attention to the appalling conditions that dogs living on the streets, in shelters, or in abusive homes endure. Also appreciate what major roles they play in our lives.

Link for Pictures:

<https://drive.google.com/drive/u/2/folders/1jspGy9gkjUPtEAKP3Kj5yNP1DrCOqOrS>

Name of the event : Project Sahasee

Date: 8th September, 2022

Time: 3:00 pm

Venue:Aarey Colony, Unit 32, Goregaon East

Charges:

No.of participants: 7

A joint project with Rotaract Club of Balasaheb Apte College of Law. An IVF treatment awareness drive for the women who suffer infertility and are from underprivileged backgrounds and also created awareness about the same. Dr. Vishesha Yadav, a consultant at Gynaecworld - A Fertility Center for Women, was invited to join us for the awareness drive. Other than IVF, Dr Vishesha also explained about PCOS, menstrual cycles, and general women's health. Many of the ladies had one-on-one conversations with the doctor and asked her questions in order to allay their worries.

Impacts : Assisting in attempts to secure women's right to inclusive treatment across caste and class boundaries.

It is well-known that female infertility has a detrimental impact on the country's economy and women's capacity to engage in the job market. Our initiatives will contribute to raising awareness of alternative treatment choices for women.

Link for Pictures:

<https://drive.google.com/drive/u/2/folders/1IfNufU3b9f4vHEzWDGA1Xgi4WMJLkDF1>

Name of the event : Wander Rush

Date: 25th September, 2022

Time: 11:00 am

Venue: Churchgate, Mumbai

Charges:

No.of participants: 11

A joint project with RCUCOE, RC Pancel Horizon, RCNS. Visited some museums in Mumbai like, Jehangir Art gallery, National gallery of Modern Art, Shivaji Maharaj Vastu Sangrahalaya. An amazing experience with a huge group of Rotaractors exploring the wonderful assets of mumbai. We got to know about the different architectural as well as different forms of art be it a real life artwork or an illusion.

We even went through all the art pieces preserved for so many years which has now set a bar for today's generation as well as being their inspiration.

Impacts : People get to know about the diverse culture and heritage of the city they are living in.

Link for Pictures:

https://drive.google.com/drive/u/2/folders/1IvOpX6zQvWhx_YdvJmJ8d39sCPOR0JVw

Name of the event : High Notes

Date: 13th November, 2022

Time: 8:00 pm

Venue: Google forms

Charges:

No.of participants: 23

An International Service Initiative where we sent out a google form asking people about the kind words they have heard from somebody or wish to hear. Even went to people personally in places like college campus, Crossword bookstore. Considered and jotted down all the different responses of people on sticky notes and pasted them on the Pin board of Rotaract Club of Sophia College in the college campus.

Impacts : Impacts to give a good value for themselves. To be aware of the precise life actions that will benefit others. To realize that by making others happy, they are also making themselves happy. To create as well as spread kindness wherever they go, be it a simple "Thank You !" that will make a person's day.

Link for Pictures:

https://drive.google.com/drive/u/2/folders/1k2SYSpF1pNsi9_tvY6DSjFZ6M_Zxv18R

Name of the event : Let's Talk about IT

Date: 1st December, 2022

Time: 5:00 pm

Venue: Google meet

Charges:

No.of participants: 43

Event Name :Let's Talk ABout IT - World AIDS Day - 1st December, 2022

A Sex Education talk by our very own guest speaker Ms. Pallavi Barnwal. She spoke about a variety of her personal experiences, focusing on each aspect of every topic, such as boundaries—when to say no to someone—challenges encountered, the dos and don'ts, why sex education is still not provided to young people in sufficient amounts, genital shame, contraceptions and diseases like STDs, AIDs, and HIV—as well as safety measures. She also provided a real-world illustration of emotional attitude and behavior through dialogues, which was quite easy to understand. She even helped us understand that trust and safety are two distinct concepts.

Impacts : Positive outcomes of sexuality education include increased knowledge and improved attitudes among young people toward sexual and reproductive health and behaviours. Additionally aids in understanding all sexually transmitted diseases like HIV, STD and AIDS. Presents sexuality with a positive approach. To prevent and counteract sexual abuse of children, sexual violence, and sexual exploitation, sexuality education is crucial.

Link for Pictures:

https://drive.google.com/drive/u/2/folders/1iw-ME3nZvx70nGahRN6yXXur_Nqb_53Z

Name of the event : Shiksha

Date: 1st February, 2023

Time: 3:30 pm

Venue: Balaram street Municipal school, grant road

Charges: 440 Rupees

No.of participants: 9

The purpose of the event was to impart broad information to young children and to emphasize the significance of education day. Also to honor the contribution that education makes to world peace and development.

Impacts : By playing games and learning while doing so, they are able to increase their general knowledge in a variety of entertaining ways. Students learn about the value of education and how it will benefit them in the future. Celebrating education day makes the students realize education can be obtained in various fun ways as well.

Link for Pictures:

<https://drive.google.com/drive/u/2/folders/1BamT7zoCxFO3tVzFyGikHhadN8E5Wfdj>

Name of the event : Art in motion

Date: 14th July,2022

Time: 1:30 pm

Venue: Multipurpose hall

Charges: 10,000 rupees

No.of participants: 102

This was our first on ground event and the focus was to raise the level of fitness and bond with each other.

Link:

https://drive.google.com/drive/folders/1L4jbD_T2Zx8fn0xbGRngrb_ZwlOdUDWR

Name of the event : Raas Garba

Date: 28th September, 2022

Time: 9:30 pm

Venue: Tarabai hall, Marine lines

Charges: 26,870 rupees

No.of participants: 308

This was a joint project and the event was to bond with other clubs and also bring back the essence of on ground garba after two years.

Link:

https://drive.google.com/drive/folders/1EXxXVMOEXc7k_J_q3YwW6QRqOv3oJ76S

Name of the event : Sport's utsav

Date: 24th September, 2022

Time: 12:00 pm

Venue: Decathlon Atria mall

Charges: NA

No.of participants: 18

A Decathlon initiative where all the Zone 1A clubs agreed to participate together and create more awareness about sports.

Link:

<https://drive.google.com/drive/folders/1-gN8dXoWEiFIFdPm3cfztFhAq8BUEV5b>

Name of the event :

Date: 21st December, 2022

Time: 2:00 pm

Venue:Our lady's home,205, Dr Baba Saheb

Charges: NA

No.of participants: 20

1. Sabka Santa

To get in more barter associations and associations for social cause (while also spreading love and happiness especially among orphan children).

<https://drive.google.com/drive/folders/1St6aGqvXbm2jHXAMeyr2P8ZJAbOF6SS0>

Name of the event : RCSCW Carnival

Date: 3rd February, 2023

Time: 9:00 am

Venue: Canteen Extension

Charges:

No.of participants: 200+

The aim of setting up a Mini Carnival was to have an event filled with a day full of fun activities and stalls that the audience could enjoy, we even used it as a platform to build good relations with our sponsors.

<https://drive.google.com/drive/folders/1ShM9D2Pys81kN8LXNY7HTdebj50HOp-u>

Name of the event : The butterfly effect

Date: 10th February, 2023

Time: 12:15 pm

Venue: Outside Wilson college, Girgaon Chowpatty

Charges: 250 rupees

No.of participants: 22

It was a collaborative project , a charity drive aimed at distributing snack boxes and water to people in need outside Wilson college whilst also trying to spread happiness among the community.

https://drive.google.com/drive/folders/1T4T5OUXexPC5X77vA6zDg5tJtK4V_osf

Name of the event : Shakespeare in me

Date: 22nd September, 2022

Time: 11:00 am

Venue: WhatsApp and Google forms

Charges:

No.of participants: 15

It was an online event that encouraged participants to re-write/re-make their childhood poems the way they wanted it to end

<https://drive.google.com/drive/folders/1mQNFPls2aN3iZoxUGZx2YY2jm-nQTLpI>

Name of the event :Random thoughts ft. Christmas

Date: 19th December, 2022

Time: 11:00 am

Venue: WhatsApp and Google forms

Charges:

No.of participants: 16

Random thoughts ft. Christmas, was an online editorial initiative taken via the platform Google forms. As an effort to allow the participants to have a writing license, the event focused on randomness of thoughts, by answering the various questions related to Christmas

<https://drive.google.com/drive/folders/1dAGeHh3BUeG67KVNJYfcuF2v6V9jkvnD>

Name of the event : Love by Spotify

Date: 2nd December, 2022

Time: 12:00 am

Venue: Google forms

Charges:

No.of participants: 47

It was a dating event wherein Participants were matched using their Spotify wrapped Link for Pictures:-

<https://drive.google.com/drive/folders/13Qz6iyAtbomICnhOEbnzHCBD41TK-86Y>

Name of the event : Reel it, feel it

Date: 6th January, 2023

Time: 10:00 am

Venue: Google forms and Instagram

Charges:

No.of participants: 15

Participants were given a topic 'My college outfits everyday ' to make a Instagram reel on. Once the chairpersons got all the entries,they shortlisted top 2 from the entries. The reels of the Top 2 were posted on the official RCSCW'S Instagram page. The Top 2 participants were expected to bring in the maximum number of likes and comments.And on the basis of maximum number of likes and comments, we got our winner.

Link for Pictures:-

<https://drive.google.com/drive/folders/14AIwRhkXOCMkJzuzdz2OWVVOBDMEtdiqD>

Name of the event : How well do you know your club

Date: 27th January, 2023

Time: 10:00 am

Venue: Instagram

Charges:

No.of participants: 216

A set of 10 questions about the club was prepared by the chairpersons. Out of 10 questions, 5 on the 1st day were posted by the chairperson on the Instagram story with the suitable multiple choice poll stickers. Participants were expected to select one correct answer for the question posted. The other 5 questions were posted on the next day. The winner of the quiz got a shoutout on our RCSCW's Instagram page.

Link for Pictures

:-<https://drive.google.com/drive/folders/13lfXXFKLzxMfKN431xYUcw4mgsAfNqoB>

Name of the event : War of words

Date: 22nd July, 2022

Time:12:00 pm

Venue: Room 30, Sophia college

Charges:

No.of participants: 33

A team debate competition to help participants enhance their public speaking skills, team management skills and strategy planning skills.

Link for video/pictures-

<https://drive.google.com/drive/folders/1eiTZLOzwOgwHhSZSh1qBRouynXTfLqd9>

Name of the event : Journey Into Professional World

Date: 24th July, 2022

Time: 12:00 pm

Venue: Zoom and Instagram live

Charges:

No.of participants: 25

A session about the do's and don'ts of the professional world that'll help the audience understand the importance of time management, teamwork and leadership skills. Key tips regarding the professional world were shared.

Link for video/pictures-

https://drive.google.com/drive/folders/1e_iQOefqibNjqxfshmsqFUTrjarwG5T8

Name of the event : Session on Stress Management ~Ab Aapki Baari

Date: 21st September, 2022

Time: 1:30 pm

Venue: Room 8, Sophia college

Charges:

No.of participants: 26

An Quarterly Initiative to help our General Body Members get an opportunity to enhance their public speaking skills and teamwork. A session on 'Stress Management' was done under this initiative by GBM.

Link for video/pictures-

https://drive.google.com/drive/folders/1CtsDZJSY2cMEHJxgvqA1GQkX4a_a-bTG

Name of the event : Brainography

Date: 16th October, 2022

Time: 11:00 am

Venue: Zoom

Charges:

No.of participants: 15

To create awareness about BRAINOGRAPHY – a scientific brain evaluation tool with the help of fingerprints.

Link for video/pictures-

<https://drive.google.com/drive/folders/1elxrqVhdDrkVWuC--eKW71WIByskzdwN>

Name of the event : The PD Saga

Date: 23rd October, 2022

Time: 1:00 pm

Venue: Google forms and Instagram

Charges:

No.of participants: 33

An opportunity to express your views on Professional Development and leadership skills online through a quick questionnaire.

Link for video/pictures-

https://drive.google.com/drive/folders/1etm1VOez7_qOBDvYF33y7VvdyutHw65r

Name of the event : Flavours and Aesthetics.

Date: 2nd November, 2022

Time: 1:00 pm

Venue: Google forms and Instagram

Charges:

No.of participants: 16

A culinary skill presentation competition to help participants explore their professional culinary skills in a competitive way and encourage professionalism in culinary arts.

Link for video/pictures-

https://drive.google.com/drive/folders/1ew16J44YtSHQI_XArvvOqmrCtv2LaHg5

Name of the event : How to clear CAT and GDPI in XX days.

Date: 16th November, 2022

Time: 4:30 pm

Venue: Zoom

Charges:

No.of participants: 90

A guidance session by IMS institute on Common Admission Test and how to clear an interview to get a top tier college for MBA after graduation.

Link for video/pictures-

https://drive.google.com/drive/folders/1eyKconZus_C09jLSJ0IFcnPSJm93dkZt

Name of the event :LinkedIn Workshop

Date: 20th November, 2022

Time: 11:00 am

Venue: Google meet and Instagram live

Charges:

No.of participants:19

A complete guidance session on session on how to create an ideal LinkedIn profile and tips to get a job/paid internship through it.Tricks regarding network building were also shared.

Link for video/pictures-

https://drive.google.com/drive/folders/1f1ccPJta2_dOUL4Wjahro_vsyGw38PR8

Name of the event : Resume Building Session (Under 'Ab Aapki Baari Initiative')

Date: 23rd November, 2022

Time: 12:40 pm

Venue: Room 12, Sophia college

Charges:

No.of participants: 10

A resume plays an important role in career building. In this session of 'Ab Aapki Baari' our GBM member explained about the importance of resume and tips to create an ideal resume followed by general mistakes that one should avoid during resume building.

Link for video/pictures-

https://drive.google.com/drive/folders/1f27zkxLoiOEO_2EMHFFkd1OMWPFuY34P

Name of the event : Session on Cover Letters (Under 'Ab Aapki Baari' Initiative)

Date: 7th December, 2022

Time: 12:40 pm

Venue: Room 9, Sophia college

Charges:

No.of participants: 9

An interactive guidance session under our quarterly initiative 'Ab Aapki Baari' where our GMB member explained to us the importance and key features of cover letters. As a cover letter plays an important role in enhancing the beauty of one's resume.

Link for video/pictures-

https://drive.google.com/drive/folders/1C6kRS-LN6MyV-cP1g_01Wmfp_6iLAm3P

Name of the event : Study Abroad- Career Counseling Webinar.

Date: 12th January, 2023

Time: 6:15 pm

Venue: Zoom meetings

Charges:

No.of participants: 79

A webinar to help students know more about studying abroad. It included courses that countries are famous for, ideal universities that provide great selective courses and also how to apply for them. The speaker addressed the doubts in a detailed manner to avoid any confusions.

Link for video/pictures-

<https://drive.google.com/drive/folders/1vR9d8Id8COSoTOPlaxN-3xYze4Zsf5fL>

Name of the event :Battle of Words

Date:18th January, 2023

Time: 1:15 pm

Venue: Room 10, Sophia college

Charges:

No.of participants: 24

A follow up debate competition of our 1st Event 'War of Words'. It was to help build confidence and public speaking in our participants. The competition included signature twists from our 'War of Words'

Link for video/pictures-

<https://drive.google.com/drive/folders/1eyAD4cTCCLUE00aSmQm0qnbIP1hdVuzJ>

Name of the event : Click Me If You Can

Date: 29th August, 2022

Time: 2:30 pm

Venue: Canteen, Sophia college

Charges: 250 rupees

No.of participants: 15

The participants were paired up, and they were given challenges to complete. These challenges included clicking pictures of things around the college, which were specified by the chairpersons, and coming back within 90 seconds. In the end, we had two winners based on a point system. The event was a comfortable, challenging and stress relief kind of event, which also familiarized the participants with each other, and gave the new members of rotaract a fun welcome into the club.

Link for pictures:

https://drive.google.com/drive/folders/1wiSYDhk7Z_wvAvvVrEGe6sBmvUTouAyD

Name of the event : Build A Bond

Date: 21st November, 2022

Time: 1:30 pm

Venue: Sophia college, Marble stairs

Charges:

No.of participants: 25

The aim of this event was to get the members of the club to talk to each other, be comfortable with each other, and make new friends. We divided the participants into groups of 4 people and gave each group a conversation starter. From here, we let them talk to each other about

the same. They genuinely bonded with each other and new friendships were definitely started here.

Link for pictures:

<https://drive.google.com/drive/folders/1IEUT4p4Z9T7S6hKcFU6FA8Ykg1xoPNH4>

Name of the event : Try Not To Laugh

Date: 17th January, 2023

Time: 2:30 pm

Venue: Sophia college, Marble stairs

Charges:

No.of participants: 19

This was a rather simple event, where the RCSC Members came together and had to make each other laugh. They could do so by telling jokes, acting funny, anything they wanted. We prepared 3 rounds for the same and made sure they had fun. Through this event, the members became comfortable around each other, and we all laughed together throughout the event, even though the name was Try NOT To Laugh.

Link for pictures:

<https://drive.google.com/drive/folders/1qS-jqLEzoXLdGIGNbdsSz6pQ-wCBd2wH>



Rtr. Srishti Chawla

President 2022-2023

Rotaract Club of Sophia College for Women