

# Department of Psychology

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**Course Code SBAPSY 101**

**Semester 1. Fundamentals of Psychology**

**FYBA**

## **Course objectives:**

1. Creation of a strong foundation for further studies in the subject of psychology.
2. Students will gain knowledge about the basic concepts and theories of psychology, as well as the biological underpinnings of the subject.
3. Students will be introduced to a variety of topics that will act as a starting point for further detailed study in the upcoming years.
4. Students will also develop a deeper understanding of psychological principles and an awareness of their applications in daily life.

## **Course Outcomes:**

After the completion of this course, students should be able to:

1. Describe and define, in considerable detail, the evolution of the field of psychology, the major pioneers in the field, and their theories about psychology.
2. Explain and illustrate the various biological processes underlying human behaviour.
3. Demonstrate an understanding of various psychological concepts that will aid their study of human behaviour.
4. Apply a practical understanding of the above topics to their daily life by drawing connections between psychological concepts/ theories and human behaviour.

## Semester II

Course Code: SBAPSY 201

### **Course Objectives:**

1. Initiating exposure to the field of Social Psychology, with emphasis on basic concepts as well as modern trends.
2. Fostering a sense of Social Understanding among students, with respect to various phenomena in the field of Social Psychology, by exposing them to a plethora of theories, real-life examples as well as numerous social experiments.
3. Sharing and discussing various experiments mainly having ecological validity that would encourage understanding of difficult, abstract concepts.
4. Aiming to increase students' interest, awareness as well as inclination towards knowing and understanding social psychology; not just theoretically, but also practically.

### **Course Outcomes:**

1. Students will be well acquainted with Social Psychology and will be empowered to introspect as well as understand the nuances of the subject.
2. Students will be able to apply as well as demonstrate their learnings in and around the branch of Social Psychology.
3. Students will be encouraged to creatively explore social phenomena through their lens, by applying it to their own lives, hence, also increasing their relatability to the field.
4. Students will also have an opportunity to explore and delve into whether they seek a future career within the field of Social Psychology.

## **S.Y.B.A. Social Psychology**

### Semester III Developmental Psychology

Course Code:- SBAPSY 301

#### **Course Objectives:**

1. To enable students to understand the basic principles of development.
2. To develop an appreciation for the field and its real-life applications.
3. to increase student's awareness of the implications and applications of the various concepts, principles, and theories of Developmental Psychology in daily life in the Indian context

#### **Course Outcomes**

1. Students will develop the ability to critically analyse the different theories pertaining to the field.
2. Students will be able to apply their theoretical knowledge to evaluate cases from the field and explain the practical implications of different developmental trajectories.
3. Students will be able to apply and understand concepts, principles and theories of Developmental psychology in various aspects of the Indian context and relevant situations at the global level

### Semester IV

Course Code: SBAPSY501

#### **Course Objectives:**

1. Students will gain knowledge and an understanding of the nature, uses, technical features and process of construction of psychological tests.

2. Students will become aware of psychological assessments various steps and elements.
3. Students will understand the need for statistical tools and procedures and gain practical experience in calculating certain statistical measures.
4. Students will develop a strong foundation for an advanced Course in Psychological Testing, Assessment, and Statistics.
5. To create a foundation for advanced learning of Psychological Testing, Assessment, and Statistics

### **Course Outcomes:**

1. Describe and define systematically, the various elements of a psychological assessment as well as the steps involved.
2. Explain and justify the usage of reliability and validity in psychological assessment.
3. Calculate and utilize certain descriptive and inferential statistical tools of measurement.
4. Gain knowledge and understanding of the concepts in Statistics and the various measures of  
Descriptive Statistics - their characteristics, uses, applications, and methods of calculation

## **TYBA Psychological Testing and Statistics**

Course Code: - SBAPSY502

Semester V Abnormal Psychology

### **Course Objectives:**

1. Introducing students to the world of mental health disorders with respect to its underlying causes, representation, symptomatology, manifestations, and related interventions.

2. Sensitizing students to the mental health field by deconstructing stigma around the same and normalizing the notion of how mental illnesses are also a part and parcel of one's life.
3. Placing an emphasis on being mindful when consuming and relaying information regarding mental health as well as fostering the habit of avoiding the use of mental health disorders as adjectives.
4. Make the students aware to not condone labelling and/or equating individuals to their mental health issues i.e., promoting the idea that the person is more than their problem.

### **Course Outcomes:**

1. Students will be able to identify and categorize various groups of disorders, with distinctly being able to classify them according to their individualistic representations.
2. Students will be able to chart out the disorders from a biopsychosocial perspective, tapping upon the biological, psychological as well as socio-cultural factors leading to a disorder.
3. Students will be aware of how these disorders can manifest in real-life situations. Hence, they will be alert and available in case of their assistance is required.
4. Most importantly, students will also be able to engage in timely introspection and will be sensitized enough to seek professional help (therapy & counseling) either for their near and dear ones or for themselves without any reservations, whenever needed.
5. Students will also have an opportunity to explore and delve into whether they seek a future career within the field of Abnormal Psychology.

**Course Code: SBAPSY601**

**Semester VI Psychological Testing and Statistics**

### **Course Objectives:**

1. To enable students to understand the role of I/O psychology in the workplace.

2. To help students develop an understanding of basic concepts and practices in the field of industrial and organizational psychology.
3. To be able to bridge theory and practice in real-life situations.

### **Course Outcomes:**

1. Students will demonstrate an awareness of the role of I/O psychologists in the workplace, and critically evaluate the methods used in the field.
2. Students will develop the ability to apply theoretical concepts to design programs to solve workplace-related problems.
3. Students will develop the capacity to formulate hypotheses and conduct research on topics relevant to the workplace.