

Department of Philosophy Report on Activities conducted in 2022-23

1. Nature of activity: Field Trip to Vipassana Global Pagoda (in collaboration with dept of Physics and Zoology)

Title of activity: Meditation and Mindfulness

Date: 27th January 2023

Number of Participants: 38

Report: Vipassana practice is to purify the mind and achieve true happiness.

Vipassana gives immense benefits to all, shattering artificial barriers of caste, race, class and religion. Students were taken for a guided tour of the Centre. They were also guided to, voluntarily, engage in 10 minutes of meditation at the centre.



2. Nature of activity: Guest Lecture Series (RUSA Sponsored)

Title of activity: Philosophy Through Literature

Date: 01st February – 3rd February 2023

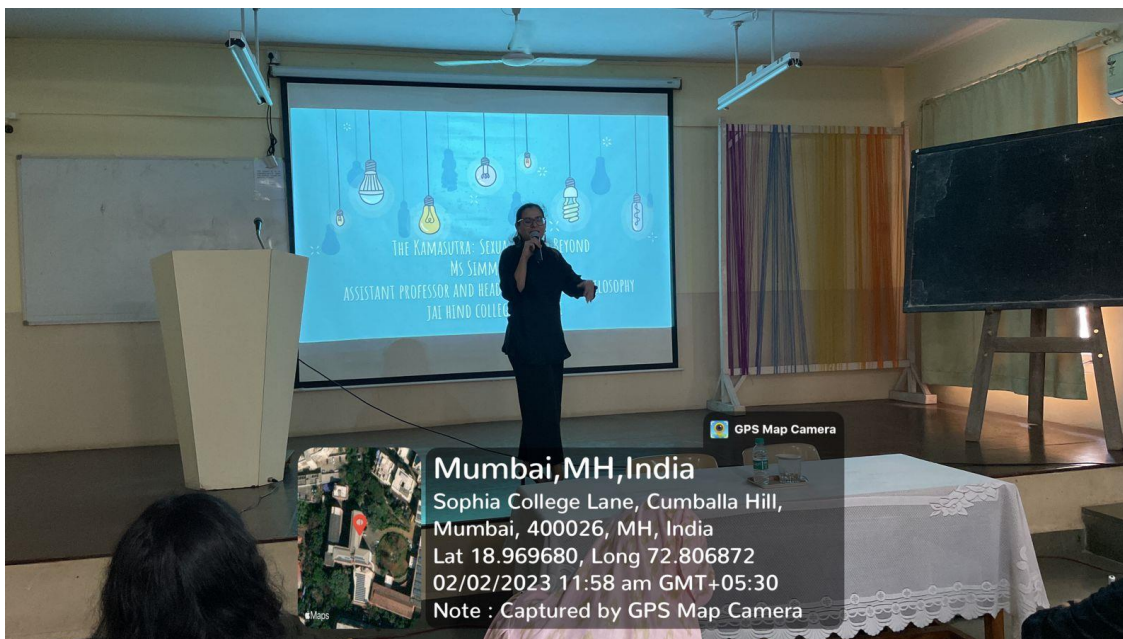
Number of Participants: 120

Resource persons

Date	Time	Resource person	Title of lecture
01.02.2023	12 - 1.30	Dr. Lakshmi Muthukumar.	'Pantheistic Philosophy and English Poetry of the Romantic Period'
02.02.2023	12 – 1.30	Ms. Simmin Bawa.	'The KamaSutra: Sexuality and Beyond'
03.02.2023	11.30 – 1.00	Dr. Omkar Bhatkar.	'Simone De Beauvoir's Reflections on Dying and Caregiving'

The Guest Lecture series 'Philosophy Through Literature' was an interdisciplinary approach to explore and shed light on different philosophical ideas that are embedded in literature and shape literature. The objective of the lecture series narrowed the

chasm between philosophy and literature by stimulating thought about philosophical themes and issues via literature.



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30TH APRIL 2022

