

10th Board of studies (BOS) online meeting
Department of Psychology, Sophia College (Autonomous)
21st June, 2023, 04:30 PM

The 10th BOS meeting was held on the 21st June, 2023 at 04:30 PM, on the Zoom platform. All the members of the Board of studies were present for the meeting, except Cicilia Chettiar, who had addressed her unavailability for the meeting, due to personal reasons. The Head of the Department, Sister Patricia D'Souza, began the meeting by welcoming the panel and introducing the new faculty of the Department. She also apologized for the spontaneous back and forth which happened in scheduling the BOS, attributed to the uncertain nature of NEP Syllabus requirements. She shared the agenda of the meeting. The minutes of the previous meeting were shared and scrutinised. Based on the previous minutes the following things resolutions were retained, which the committee was apprised of:

- It was decided to retain the title of “Abnormal Psychology” for Paper V, owing to its unique identification and worldwide nomenclature;
- To continue with the unit on Paraphilic Disorders and Sexual Dysfunctions, as in future trajectory of pursuing Psychology, Neurodevelopmental Disorders are introduced but the former is not dealt with. Retaining the same will also help in combating stigma surrounding sex and related constructs.
- Shifting the unit on Paraphilic Disorders and Sexual Dysfunctions to Semester V and replacing it with Mood Disorders which will be taught in Semester VI.

The BOS also mentioned as to how changes proposed and resolutions made can be part of the same document to keep everyone apprised.

After the minutes of the previous meeting had been passed by the BOS members, Sr Patricia then discussed the developments in the department. She spoke about the exponential increase in demand for the subject and the subsequent increase in the number of students applying for Double major in Psychology and how for the current year, once again the Department had two divisions of students. Sr. Patricia then apprised the panel about the increase in the strength of the department owing to the higher student strength, so we would have two divisions of the TYBA.

The discussion then shifted to the structure and purview of the syllabus through the lens of NEP, Sr. Patricia presented the proposed syllabus for the Major Paper titled - “Psychology 101” and the Minor Paper titled - “Fundamentals of Psychology”. Ms Simi Susan Shibu went on to present the proposed syllabus for the VSC paper, titled - “Cognitive Approach to Positive Psychology.”

Dr. Neeta Mehta raised a concern as to why the same paper could not be charted for Major and Minor students which was addressed by Sister Patricia. Similarly, Dr. Nilesh Thakre shared the structure and credit system of NEP being followed in his university. Miss. Smita Desai also opened up a conversation around understanding the finer nuances of NEP and future scope of the same. The proposed syllabus was accepted (given the dynamic nature of the NEP syllabus) with the discretion that the Chairperson will take the final call and will be relaying the same to the committee keeping further changes that can happen in NEP.

The list of paper setters and examiners was displayed, and the following resolution was passed:

The Board of Studies - Department of Psychology, Sophia College, Autonomous, hereby approves of the updated syllabus and passes the list of examiners and paper setters for 2023-2024.

The meeting ended with the HOD thanking the BOS members for their presence and valuable inputs.