

Education Department Activities 2024-25



**SOPHIA COLLEGE FOR WOMEN
(EMPOWERED AUTONOMOUS)**

**DEPARTMENT OF EDUCATION
ORGANIZES**

EVENT PLAN

GAMES

MUMMY WRAP
MELODY MYSTERIES

A BONDING PROGRAM

BOOTHS

FACE PAINTING
SILKY STRANDS

JAM SESSION

TRICK OR TREAT?
ONE BONDING STAYS FOREVER!



**DATE: 9TH AUGUST, 2024.
TIME: 11AM TO 1PM
VENUE: A.V. HALL**

Report on Bonding Session between SYBA and TYBA Department of Education Students

Introduction

On 9th Aug 2024, the Department of Education facilitated a bonding session between the Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students. The event was organized with the goal of fostering a sense of camaraderie, collaboration, and mutual learning among students from different academic years. Held in the [insert location], the session was planned to encourage interaction, build teamwork, and create a supportive educational environment.

Learning Objectives

The session aimed to achieve the following objectives:

1. **Encourage Peer Interaction:** To promote interaction and understanding between SYBA and TYBA students.
2. **Facilitate Knowledge Sharing:** To enable senior students to share their academic experiences, challenges, and strategies for success with their juniors.
3. **Build Teamwork Skills:** To engage students in activities that enhance collaboration and teamwork.
4. **Strengthen Departmental Unity:** To foster a sense of belonging and unity within the Department of Education.

Learning Outcomes

The session successfully met its objectives, yielding the following outcomes:

1. **Improved Peer Relationships:** Students from both groups expressed a greater sense of connection and understanding with one another.
2. **Valuable Insights:** TYBA students shared valuable insights on academic strategies, examination preparation, and project management, which were appreciated by their SYBA counterparts.
3. **Enhanced Teamwork:** Activities such as group discussions and problem-solving exercises encouraged collaboration and helped students appreciate the importance of working cohesively.
4. **Boosted Morale:** The session instilled a sense of community, making students feel more motivated and supported in their academic journey.

Conclusion

The bonding session between SYBA and TYBA students proved to be an enriching experience, both socially and academically. The interactive activities and discussions bridged the gap between the two academic years, fostering mutual respect and collaboration. Such sessions are instrumental in creating a cohesive educational environment and should be conducted regularly to strengthen the bond within the department.





Sophia College for Women
(Empowered Autonomous)



Department of Education
organizes

2 Day Internship Programme

Date: Tuesday 24 Sep & Wednesday 25 Sep
Venue: Gundavali Municipal Public School, Andheri East
Time: 8.00am to 4.00pm
Resource Person: Prof. Adonis Braganza

Report on Teaching Internship for SYBA and TYBA Department of Education Students

Introduction

The Department of Education organized a teaching internship for the Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students from 24th Sep 2024 to 25th Sep 2024. The internship was designed to provide hands-on teaching experience, enhance pedagogical skills, and familiarize students with the practical aspects of teaching. Students were assigned to various schools within the city to apply theoretical knowledge in real-world classrooms under the guidance of mentor teachers.

Learning Objectives

The teaching internship aimed to achieve the following objectives:

1. **Practical Application of Pedagogy:** To enable students to implement teaching strategies and methodologies learned during coursework.
2. **Classroom Management Skills:** To expose students to managing diverse classroom environments effectively.
3. **Lesson Planning and Execution:** To equip students with the skills to design, deliver, and evaluate lesson plans.
4. **Professional Development:** To help students understand the roles and responsibilities of teachers, fostering professional growth.

Learning Outcomes

The internship successfully met its objectives and yielded the following outcomes:

1. **Enhanced Teaching Skills:** Students demonstrated improved confidence and competence in delivering lessons. They adapted their teaching styles to suit the needs of different learners.
2. **Practical Classroom Experience:** Interns gained firsthand experience in managing real classrooms, addressing challenges such as student behavior, time constraints, and curriculum requirements.
3. **Improved Lesson Planning:** Students learned to create engaging and effective lesson plans, integrating innovative teaching aids and techniques.
4. **Self-Reflection and Growth:** The internship provided an opportunity for students to reflect on their teaching practices, identifying strengths and areas for improvement.
5. **Professional Exposure:** Students gained insights into the school environment, including administrative tasks, teamwork with colleagues, and interactions with parents.

Conclusion

The teaching internship was a transformative experience for both SYBA and TYBA students, bridging the gap between theoretical knowledge and practical application. It equipped them with essential teaching skills and prepared them for future roles as educators. Feedback from mentor teachers and participating schools was overwhelmingly positive, highlighting the interns' dedication and adaptability. Such internships are invaluable in shaping competent, confident, and compassionate

educators, and the Department of Education is committed to continuing this initiative in the coming years.





**Sophia College for Women
(Empowered Autonomous)**



Department of Education
organizes

Educational Visit

Venue: St Teresa's College of Education, Santacruz

Date: Saturday, 17 Aug 2024

Time: 9.00am to 1.00pm

Resource Person: Dr. Joan Lopus



Report on Visit to St. Teresa's College of Education, Santacruz

Introduction

On 17th Aug 2024, the Department of Education organized an educational visit to St. Teresa's College of Education, Santacruz, for Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students. The visit aimed to provide an in-depth understanding of teacher education and training, expose students to best practices in the field, and inspire them to pursue excellence in their educational journey. The day included interactive sessions, a campus tour, and discussions with faculty members and trainee teachers.

Learning Objectives

The visit was designed to achieve the following objectives:

1. **Insight into Teacher Education:** To familiarize students with the curriculum, teaching methodologies, and facilities of a professional teacher education institute.
2. **Understand Pedagogical Practices:** To observe innovative teaching techniques and learn about their practical applications.
3. **Explore Career Pathways:** To motivate students by showcasing opportunities available in teacher education and training.
4. **Foster Academic Curiosity:** To encourage students to engage in discussions and seek clarity about the teaching profession.

Learning Outcomes

The visit proved to be a fruitful experience, achieving the following outcomes:

1. **Enhanced Understanding of Teacher Training:** Students gained valuable insights into the structure and practices of teacher education programs.
2. **Exposure to Innovative Techniques:** Demonstrations of teaching strategies, such as activity-based learning and the use of technology in classrooms, inspired students to think creatively about education.
3. **Interaction with Experts:** Engaging discussions with faculty and trainee teachers broadened students' perspectives on the challenges and rewards of teaching.
4. **Increased Motivation:** The visit encouraged students to consider pursuing professional teacher education and to aim for higher academic and professional goals.
5. **Networking Opportunities:** Students connected with trainee teachers, fostering peer learning and collaboration.

Conclusion

The visit to St. Teresa's College of Education was an enriching experience that complemented the academic curriculum of SYBA and TYBA students. It provided a unique opportunity to explore the practical aspects of teacher education and fostered a deeper appreciation for the teaching profession. Students returned inspired and more aware of the possibilities in their educational and professional journeys. Such visits are invaluable in bridging theoretical knowledge with real-world applications, and the Department of Education looks forward to organizing similar initiatives in the future.



Mumbai, Maharashtra, India

St. Teresa's Institute Of Education St. Teresa's Institute Of Education
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Mumbai, Maharashtra, India

St. Teresa's Institute Of Education St. Teresa's Institute Of Education
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**Sophia College for Women
(Empowered Autonomous)**



Dept of Education

organizes

**WORLD MENTAL
HEALTH DAY**



**Date: Sat, 28th Sep 2024
Time: 1.30 pm to 3.30 pm
Venue: Canteen Extension**

Report on Mental Health Day Organized for SYBA and TYBA Department of Education Students

Introduction

On 28th Sep 2024, the Department of Education organized a Mental Health Day for the Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students. The event aimed to raise awareness about mental health, reduce stigma, and provide strategies for maintaining emotional and psychological well-being. The program included expert talks, interactive workshops, group discussions, and relaxation activities, ensuring a holistic approach to mental health education.

Learning Objectives

The Mental Health Day was designed to achieve the following objectives:

1. **Promote Mental Health Awareness:** To educate students about the importance of mental health and its impact on academic and personal life.
2. **Identify Mental Health Issues:** To help students recognize signs of stress, anxiety, and other mental health concerns.
3. **Develop Coping Mechanisms:** To provide practical strategies and tools for managing mental health challenges effectively.
4. **Encourage Peer Support:** To foster an environment where students feel comfortable discussing mental health and supporting one another.

Learning Outcomes

The event was a success, yielding the following outcomes:

1. **Increased Awareness:** Students gained a deeper understanding of mental health issues, their causes, and ways to address them.
2. **Practical Strategies:** Participants learned relaxation techniques, mindfulness exercises, and stress management strategies to enhance their well-being.
3. **Reduced Stigma:** Interactive sessions and group discussions helped normalize conversations around mental health, encouraging openness and empathy.
4. **Enhanced Peer Support:** Students expressed feeling more connected and supported by their peers, creating a positive and inclusive environment.
5. **Resource Awareness:** Students were introduced to mental health resources, including helplines, counselors, and self-help materials, empowering them to seek help when needed.

Conclusion

The Mental Health Day was a highly impactful initiative that underscored the importance of mental health in the lives of students. It provided them with valuable tools to manage their emotional well-being and fostered a culture of empathy and support within the department. Feedback from students was overwhelmingly positive, with many expressing a desire for similar programs in the future. The Department of Education remains committed to prioritizing mental health and looks forward to organizing more such events to support students' holistic development.





**Sophia College for Women
(Empowered Autonomous)**



Dept of Education

organizes

Joy of Giving

(Secret Santa)

Date: 21st Dec 2024

Venue: AVB

Time: 9.00 am to 10.30 am



Report on Secret Santa Celebrations for SYBA and TYBA Department of Education Students

Introduction

On 21st Dec 2024, the Department of Education organized a Secret Santa celebration for the Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students. The event aimed to foster joy, build camaraderie, and create a festive atmosphere within the department. Held in AVB, the celebration included gift exchanges, games, and a fun-filled cultural program, allowing students to bond and enjoy the holiday spirit.

Learning Objectives

The Secret Santa celebration was designed to achieve the following objectives:

1. **Foster Interpersonal Relationships:** To encourage interaction and strengthen bonds between SYBA and TYBA students.
2. **Promote Inclusivity:** To create an event where every student felt valued and included in the festivities.
3. **Enhance Organizational Skills:** To involve students in the planning and execution of the celebration, encouraging teamwork and creativity.
4. **Spread Positivity and Festivity:** To provide a platform for relaxation and enjoyment amidst academic responsibilities.

Learning Outcomes

The event successfully achieved its objectives, yielding the following outcomes:

1. **Enhanced Peer Connections:** The Secret Santa activity encouraged students to interact with peers they might not have connected with before, fostering a sense of unity.
2. **Boosted Teamwork and Creativity:** Students who organized the event demonstrated excellent teamwork, planning skills, and creativity in making the celebration enjoyable for all.
3. **Positive Environment:** The festive activities created a cheerful and stress-free atmosphere, boosting morale and student engagement.
4. **Cultural Appreciation:** The event highlighted the spirit of giving and gratitude, encouraging students to embrace cultural and festive traditions.
5. **Inclusivity and Participation:** Every student actively participated in the event, contributing to its success and inclusivity.

Conclusion

The Secret Santa celebration was a resounding success, bringing the SYBA and TYBA students together in a spirit of joy and festivity. It not only provided a refreshing break from academic routines but also strengthened relationships within the department. Feedback from students was overwhelmingly positive, with many expressing their appreciation for the opportunity to connect and celebrate together. Events like these are vital for fostering a sense of community and well-being, and the Department of Education looks forward to organizing more such activities in the future.





**Sophia College for Women
(Empowered Autonomous)**



Dept of Education



organizes



**CHRISTMAS
CAROL
SINGING**

Date: 23rd Dec 24

Venue: MPH

Time: 11.15am



Report on Carol Singing Session Performed by TYBA Department of Education Students

Introduction

On 23rd Dec 2024, the TYBA students of the Department of Education organized a heartwarming Carol Singing session to celebrate the festive season. Held in [insert venue], the event brought together students and faculty to enjoy the melodious tunes and vibrant spirit of Christmas. The session aimed to spread joy, foster community spirit, and highlight the cultural significance of carol singing during the holiday season.

Learning Objectives

The Carol Singing session was designed to achieve the following objectives:

1. **Promote Cultural Awareness:** To celebrate the tradition of carol singing and its role in fostering unity and joy during the festive season.
2. **Enhance Teamwork and Collaboration:** To encourage students to work together in organizing and performing the carols.
3. **Develop Performance Skills:** To provide an opportunity for students to showcase and enhance their musical and performance abilities.
4. **Strengthen Departmental Bonding:** To create a sense of community and togetherness among students and faculty.

Learning Outcomes

The session successfully achieved its goals, leading to the following outcomes:

1. **Cultural Appreciation:** Students and faculty gained a deeper understanding and appreciation for the tradition of carol singing as a cultural and festive expression.
2. **Improved Collaboration:** TYBA students demonstrated excellent teamwork and coordination in organizing and performing the carols, fostering a sense of unity.
3. **Showcased Talent:** The session provided a platform for students to showcase their singing and musical talents, boosting their confidence and creativity.
4. **Joyful Environment:** The carol singing created a cheerful and festive atmosphere, uplifting the spirits of everyone present.
5. **Strengthened Relationships:** The event facilitated interactions among students and faculty, enhancing the sense of community within the department.

Conclusion

The Carol Singing session performed by TYBA students was a delightful and meaningful celebration of the holiday season. It not only showcased the students' talents but also emphasized the importance of cultural traditions in building community and spreading joy. The event received enthusiastic feedback from participants and attendees, making it a memorable experience for all. The Department of Education looks forward to continuing such vibrant and inclusive celebrations in the future.



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ANANYA EVENT

THE DEPARTMENT OF EDUCATION
PRESENTS

Unplugged & Unleashed

**03RD
JAN**

**11:00 AM
ONWARDS**

VENUE: AV FRONT



GET YOUR CREW

Report on Karaoke Event Organized by SYBA and TYBA Department of Education Students

Introduction

On 3rd Jan 2025, the Department of Education organized a lively Karaoke event for the Second Year Bachelor of Arts (SYBA) and Third Year Bachelor of Arts (TYBA) students. Held in AV Front, the event was designed to provide a platform for students to express themselves through music, strengthen peer relationships, and create a fun and engaging environment. The event featured a variety of solo and group performances, showcasing the students' vocal talents and creativity.

Learning Objectives

The Karaoke event was organized with the following objectives:

1. **Encourage Self-Expression:** To provide students an opportunity to express themselves creatively through music.
2. **Build Confidence:** To help students overcome stage fear and build self-confidence in performing in front of an audience.
3. **Promote Teamwork:** To encourage collaboration and bonding among students through group performances.
4. **Foster a Relaxed Environment:** To offer a recreational activity that reduces stress and promotes a sense of joy and well-being.

Learning Outcomes

The Karaoke event achieved its goals, leading to the following outcomes:

1. **Enhanced Confidence:** Students gained confidence in performing on stage, which is a valuable skill for both personal and professional growth.
2. **Strengthened Peer Connections:** Group performances fostered teamwork, mutual encouragement, and stronger bonds among students.
3. **Stress Relief:** The event provided a much-needed break from academic routines, leaving students feeling refreshed and motivated.
4. **Cultural Engagement:** By performing songs from different languages and genres, students celebrated diversity and shared cultural experiences.
5. **Increased Participation:** The interactive and inclusive format of the event encouraged active participation from students of both academic years.

Conclusion

The Karaoke event was a resounding success, bringing joy, energy, and creativity to the Department of Education. It served as a platform for self-expression, confidence-building, and community bonding among SYBA and TYBA students. The positive feedback from attendees highlighted the event's value as a recreational and developmental activity. Events like these not only enrich the student experience but also strengthen the sense of community within the department. The Department of Education looks forward to organizing more such engaging and inclusive events in the future.



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