

CONTENT:

The National Service Scheme Unit, popularly known as the NSS Unit is a government-sponsored programme which aims to develop the students' personality through community service. NSS volunteers strive to ensure that everyone who is needy gets help to enhance the standard of living and lead a life of dignity. The Sophia College NSS Unit conducts a lot of activities each year that are fun as well as make a difference in people's lives. Some of the events we organise include beach cleaning drives, tree plantation, rallies, street plays and many more. The perks of joining NSS include the addition of Extra 10 marks to your GPA in Sem 2 and Sem 4 upon completion of 120 hours in your First Year and 120 hours in your Second Year respectively followed by a Government of India recognised NSS Certificate from the University of Mumbai after completing 2 years of NSS along with the compulsory 7-day Rural camp. Our NSS Unit aims to mould you into an independent, compassionate individual with great leadership skills. The three words that best define our unit are Compassion, Selfless Service and Social Welfare. The NSS Unit's motto is "Not me, but you" which reflects the essence of democratic living and upholds the value of selfless service. If you are willing to work for the betterment of the society and are passionate to spread smiles amongst the needy, NSS is the right place for you!

PICTURES:

1. 2018-19



SHIKSHA



TREE PLANTATION

2. 2019-20



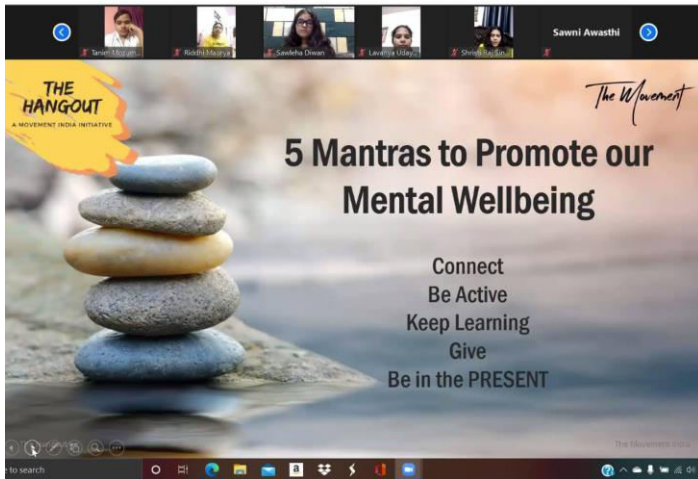
BEACH CLEANING



RALLY



STREET PLAY AT GRANT ROAD STATION



WEBINAR ON MENTAL HEALTH



DONATION OF FOOD GRAINS