



**SOPHIA COLLEGE**

**(AUTONOMOUS)**

Affiliated to the University of Mumbai

Syllabus for Paper 1 Semester I

Program: FYBA & FYBSc.

Course: **Foundation Course**

(Revised Syllabus based on Choice Based Credit System with effect from the year  
2022-23)

**Sophia College for Women (Autonomous)  
Affiliated to University of Mumbai**

**Syllabus for FYBA & FY B.Sc. Foundation Course PAPER 1**

<b>Subject</b>	<b>Foundation Course</b>
<b>Course Title</b>	<b>Foundations in Indian Society</b>
<b>Paper Number</b>	<b>01</b>
<b>Total number of credits</b>	<b>02</b>
<b>Semester</b>	<b>01</b>
<b>Total No of lectures per term</b>	<b>45</b>
<b>Total number of lectures Per Week</b>	<b>03</b>
<b>Total marks (per semester)</b>	<b>50</b>
<b>Int. Assmnt. marks (per semester)</b>	<b>50</b>
<b>Passing Marks</b>	<b>40%</b>

**Foundation Course (Semester I)**

**Course Title: Foundations in Indian Society**

**Course Objectives:**

1. To familiarize students with the concepts and evolution of rights with special reference to the constitution of India
2. To acquaint students with the principles and values in ethics and familiarise them on certain perspectives in academic, professional, and environmental ethics.
3. To sensitize students regarding issues of women and the emerging gender identities and crisis in the Indian context.

**Course Outcomes:**

By the end of the course, students will be able to:

1. Understand the philosophy and spirit of Indian Constitution and develop respect for human rights and acknowledge the beauty of plurality existing in the nation and a more sensitized gender attitude.
2. Nourish in them value-based principles underpinning behavior and develop proper ethical attitudes that form character.

3. Develop a basic understanding about issues related women and LGBTQIA+

## **Syllabus**

### **Unit 1. Rights Discourse and Indian Constitution: (15 lectures)**

- 1.1 Notion of Rights : Meaning and Characteristics
- 1.2 Evolution of Human Rights: Natural Rights Theory and Social Contract Theory; Magna Carta, English Bill of Rights, American Bill of Rights, Geneva Convention and UDHR
- 1.3 Constitution of India: Making and Preamble
- 1.4 Features of Indian Constitution: Citizenship, Fundamental rights, Fundamental Duties and Directive Principles of State Policy
- 1.5 Crisis and challenges: Unity in Diversity

### **Unit 2. Ethics in Public Domain (15 lectures)**

- 2.1 Meaning and Perspectives in Ethics
- 2.2 Values in action: Truthfulness (transparency and accountability), Non-violence, Compassion, Fellowship, Integrity
- 2.3 Ethical practices in Research and Writing
- 2.4 Professional Ethics: Medical and Media
- 2.5 Professional Ethics: Legal, Business and Teaching

### **Unit 3. Gender Construction in India (15 lectures)**

- 3.1 Concepts - Gender, Patriarchy and Feminism
- 3.2 Violence against Women – Female Foeticide, Female Infanticide, Malnutrition, Sexual Harassment, Sexual Assault, Dowry, Honour Killing
- 3.3 Social and Economic Discrimination of Women
- 3.4 LGBTQIA+ : Concepts and Problems
- 3.5 LGBTQIA+: Legal provisions in India and LGBTQIA+ Movement

## **Semester End Examination – External Assessment (50 marks)**

There shall be four compulsory questions

Q1-3 shall correspond to the three units

Q1-3 shall contain an internal choice (attempt any 1 of 2 from each unit)

Q1-3 shall carry a maximum of 12 marks each.

Q4 shall be short notes from Unit 1 to 3.

Q4 shall carry a maximum of 14 marks (4 x 3.5 marks) (attempt any 4 of 6)

## **Internal Assessment (50 marks) (The best 2 from the 3 IAs)**

**Part 1:** Objective type test (25 Marks)

**Part 2:** Project 1 (25 marks)

**Part 3:** Project 2 in PPT (25 Marks)

## **READING LIST**

1. Baruah, Aparijita. *Preamble of the Constitution of India: An Insight and Comparison with Other Constitutions*. New Delhi: Deep & Deep. 2007.
2. Basu, Durga Das. *Introduction to the Constitution of India* (24th ed.). South Asia Books. 2019.
3. Pylee, M.V. *India's Constitution*. S. Chand & Co. 1997.
4. Khanna, Justice H.R. *Making of India's Constitution* (2nd Edition 2008, (Reprinted 2015) ed.). Eastern Book Company.
5. Swapan Deb Barma. "Human Rights under Indian Constitution", In *Lex Warrior: Online Law journal*. 2010.
6. Khalid, Mohammed, "Cultural Pluralism in India: protecting a symbol of National Identity." In *Revamping Indian Society in the Era of Modernization: Issues and Dilemmas*. Twenty first Century Publications. 2016. pp.111-115.
7. Peter Singer (ed.). *A Companion to Ethics*. Blackwell. Oxford. 1993.
8. Alexis G. Burgess and John P. Burgess. *Truth* (1st ed.). Princeton University Press. 2011.
9. Michael P. Lynch, "The Values of Truth and the Truth of Values". In Pritchard, Haddock & Millar (eds.) *Epistemic Value*. Oxford University Press. 2009. pp. 225--42
10. Gan, Barry L. *Violence and Nonviolence: An Introduction*. Rowman & Littlefield, 2013
11. Agarwal Anuja. "Gendered Bodies; The Case of the Third Gender in India". In *Contribution to Indian Sociology*. New Delhi: Sage Publications. Volume 31 (2): 25 – Jul 1, 1997.

12. Chattopadhyay Sujitkumar. *Gender Socialisation and the Making of Gender in the Indian Context*. New Delhi: Sage Publications. 2018.
  13. Gilbert Herdt. *Third Sex, Third Gender: Beyond Sexual Dimorphism in Culture and History*. Zone publications. 1993.
  14. R. Emerson Dobash & Russell P. Dobash (eds.) *Rethinking Violence against Women*. New Delhi: SAGE Publications. 1998.
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SOPHIA COLLEGE

(AUTONOMOUS)

Affiliated to the University of Mumbai

Syllabus for Paper 1 Semester II

Program: FYBA & FYBSc.

Course: **Foundation Course**

(Revised Syllabus based on Choice Based Credit System with effect from the year  
2022-23 )

## Syllabus for FYBA & FY B.Sc. Foundation Course PAPER 1

<b>Subject</b>	<b>Foundation Course</b>
<b>Course Title</b>	<b>Foundations in Indian Society</b>
<b>Paper Number</b>	<b>01</b>
<b>Total number of credits</b>	<b>02</b>
<b>Semester</b>	<b>01</b>
<b>Total No of lectures per term</b>	<b>45</b>
<b>Total number of lectures Per Week</b>	<b>03</b>
<b>Total marks (per semester)</b>	<b>50</b>
<b>Int. Assmnt. marks (per semester)</b>	<b>50</b>
<b>Passing Marks</b>	<b>40%</b>

### Foundation Course (Semester II)

**Course Title: Basic Issues and Concerns in Indian Society**

#### Course Objectives:

1. To familiarize students with the processes of liberalisation, privatisation and globalisation and its impact on Indian society.
2. To initiate students into discussions on stress and conflict and equip them with the techniques to deal with it
3. To enable students to understand and appreciate the social, cultural and political issues in India.

#### Course Outcomes:

By the end of the course, students will be able to:

1. Understand the processes of liberalization, privatization and globalization and realize how they affect various sectors of Indian Economy amounting economic disparity.
2. Better understand the causes behind stress and conflict and develop skills and techniques to deal with them.
3. Have awareness of the conflict scenario around in the society and a few useful techniques to deal with them.

## **Syllabus:**

### **Unit 1. Liberalisation, Privatisation, Globalisation**

- 1.1 Overview of liberalization, privatisation and globalisation
- 1.2 Impact on agriculture, industry and services
- 1.3 Impact on employment: organised and unorganised
- 1.4 Critique of LPG: global and local
- 1.5 Issues and challenges: Marginalised

### **Unit 2. Stress and Conflict**

- 2.1 Meaning and causes of stress
- 2.2 Stress Management
- 2.3 Types of Conflict
- 2.4 Causes of conflict
- 2.5 Conflict Resolution

### **Unit 3. Social Conflict**

- 3.1 Understanding Social Conflict: hegemony, hierarchy, borders, control on natural resources
- 3.2 Communalism
- 3.3 Regionalism and Linguism
- 3.4 Casteism
- 3.5 Ethnicity and Racism



### **Semester End Examination – External Assessment (50 marks)**

There shall be four compulsory questions

Q1-3 shall correspond to the three units

Q1-3 shall contain an internal choice (attempt any 1 of 2 from each unit)

Q1-3 shall carry a maximum of 12 marks each.

Q4 shall be short notes from Unit 1 to 3.

Q4 shall carry a maximum of 14 marks (4 x 3.5 marks) (attempt any 4 of 6)

### **Internal Assessment (50 marks) (The best 2 from the 3 IAs)**

**Part 1:** Objective type test (25 Marks)

**Part 2:** Project 1 (25 marks)

**Part 3:** Project 2 in PPT (25 Marks)

### **READING LIST**

Kapila Uma. Indian Economy: Performance and Policy, 17th ed Academic Foundation 2017

Mishra S K, Puri ,V K. Indian Economy Himalaya Publishing House, 2012 Gleitman Henry, Basic Psychology. 1983

Morris and Maisto, Basic Psychology. 1996

Sharma, K L. Perspectives on Social Stratification 1st Edition. (English, Paperback,)

Rawat Publications. ISBN: 9788131603543, 8131603547 (1st Edition). 2010 NPTEL. Humanities and Social Sciences. Indian Society: Issues and Problem. Module

Garner, Steve. Racisms: An Introduction.(SECOND EDITION).Sage Publishers. Birmingham City University, UK. 2009

Yee, June Ying. "Racism, Types of". In Shaefer, Richard T. Encyclopaedia of Race, Ethnicity, and Society. SAGE. pp. 1118–19. Volume. 2008. ISBN 978-1-41- 292694-2.

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Puniyani, Ram. Communal Threat to Secular Democracy. 2010

Puniyani, Ram. Secularism in India: Concept and Practice.2017

Praful Bidwai, Harbans Mukhia and Achin Vinayak (eds.), Religion, Religiosity and

Communalism, Delhi, Manohar

Chandra, Bipan. Communalism in Modern India. Vikas Publishing House. New

Delhi.1987.

Bhattacharyya, Harihar. Federalism and Regionalism in India: Institutional Strategies

and Political Accommodation of Identities. Working paper No. 27, South Asia

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Charles. Multiculturalism. Princeton University Press. 2011. ISBN 978-1-4008-

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Barry Brian. Culture and Equality: An Egalitarian Critique of Multiculturalism.

Harvard University Press. 2002. ISBN 978-0-674-01001-7.

Kymlicka, Will. Multicultural Citizenship: A Liberal Theory of Minority Rights.

Oxford University Press. 1995. ISBN 978-0-19-152097-6.

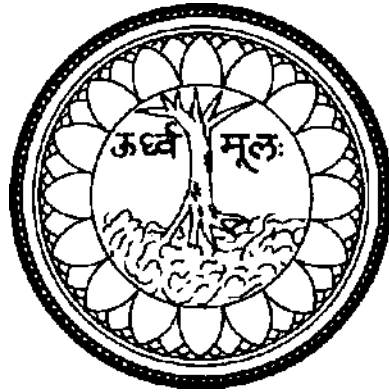
Kymlicka, Will. Multiculturalism in Asia. Oxford University Press. 2005. (ISBN

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Parekh, Bhikhu. Rethinking Multiculturalism: Cultural Diversity and Political Theory

(2nd Edition). Palgrave. 2000.

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SOPHIA COLLEGE  
(AUTONOMOUS)

Affiliated to the University of Mumbai

Syllabi for Paper 2 Semester III & IV

Program: SY B. A. & SY BSc.

Sophia College for Women  
(Autonomous) Affiliated to University  
of Mumbai

**Syllabus for SYBA & SY B.Sc. Foundation Course PAPER 2**

<b>Subject</b>	<b>Foundation Course</b>
<b>Course Title</b>	<b>Contemporary Issues I</b>
<b>Paper Number</b>	<b>02</b>
<b>Total number of credits</b>	<b>02</b>
<b>Semester</b>	<b>03</b>
<b>Total No of lectures per term</b>	<b>45</b>
<b>Total number of lectures Per Week</b>	<b>03</b>
<b>Total marks (per semester)</b>	<b>75</b>
<b>Int. Assmnt. marks (per semester)</b>	<b>25</b>
<b>Passing Marks</b>	<b>40%</b>

**Foundation Course (Semester III)**

**Course Title: Contemporary Issues- I**

**Objectives:**

1. Develop a basic understanding about issues related to Human Rights of weaker sections with various Redressal Mechanisms, Ecology, and Science and technology.
2. To understand the basic facts about environmental issues and environmental disasters.
3. To study the basic concepts such as science and scientific temper and explore some the important scientific inventions in history.

Outcomes:

By the end of the course, students will be able to:

1. Discuss issues related to human rights violations and constitutional provisions for redressal.
2. Examine environmental disasters, their causes and effects, and impact and the need for Disaster Preparedness
3. Appreciate the importance of developing a scientific temper.

Syllabus

### **Unit 1 Human Rights Provisions, Violations and Redressal**

- 1.1. Scheduled Castes- Constitutional and Legal Rights, Forms of Violations, Redressal Mechanisms.
- 1.2. Scheduled Tribes- Constitutional and Legal Rights, Forms of Violations, Redressal Mechanisms.
- 1.3. Women- Constitutional and Legal Rights, Forms of Violations, Redressal Mechanisms.
- 1.4. Children- Constitutional and Legal Rights, Forms of Violations, Redressal Mechanisms.
- 1.5. People with Disabilities, Minorities, and the Elderly Population- Constitutional and Legal Rights, Forms of Violations, Redressal Mechanisms.

### Unit 2 Dealing with Environmental Concerns

- 2.1. Concept of Disaster and general effects of Disasters on human life- Physical, Psychological, Economic and Social effects.
- 2.2. Some locally relevant Case Studies of Environmental Disasters.
- 2.3. Dealing with Disasters - Factors to be considered in Prevention, Mitigation (Relief and Rehabilitation) and Disaster Preparedness.
- 2.4. Human Rights issues in addressing Disasters- issues related to Compensation, Equitable and Fair Distribution of Relief.
- 2.5. Humanitarian approach to Resettlement and Rehabilitation.

### Unit 3 Science and Technology I

- 3.1. Development of Science: the Ancient Cultures, the Classical era, the Middle Ages, the Renaissance, the Age of Reason and Enlightenment.
- 3.2. Nature of science: its Principles and Characteristics; Science as empirical, practical, theoretical, validated knowledge.

- 3.3. Science and its Interface with Religion, Myths, Blind Beliefs, and Prejudices.
- 3.4. Science and Scientific Temper- Scientific Temper as a Fundamental Duty of the Indian citizen.
- 3.5 Science in Everyday Life: Technology, its meaning and role in Development; Interrelation and Distinction between Science and Technology.

### **Semester End Examination – External Assessment (50 marks)**

1. There shall be four compulsory questions
2. Q1-3 shall correspond to the three units
3. Q1-3 shall contain an internal choice (attempt any 1 of 2 from each unit)
4. Q1-3 shall carry a maximum of 12 marks each.
5. Q4 shall be short notes from Unit 1 to 3.
6. Q4 shall carry a maximum of 14 marks (4 x 3.5 marks) (attempt any 4 of 6)

### **Internal Assessment (50 marks) (The best 2 from the 3 IAs)**

**Part 1: Objective type test (25 Marks)**

**Part 2: Project 1 (25 marks)**

**Part 3: Project 2 (25 marks)**

Project Guidelines:

1. At the beginning of the semester, students should be assigned project topics.
2. Students can work in groups of not more than 8 per topic.
3. Project Marks will be divided as written submission: 10 Marks & Presentation: 10 marks)
4. The Project/Assignment can take the form of Street-Plays / Power-Point Presentations / Poster Exhibitions and similar other modes of presentation appropriate to the topic.
5. Students must submit a hard copy of the Project before the last teaching day of the semester.

Project Topics:

1. Violations of the Rights of Scheduled Castes.
2. Violations of the Rights of Scheduled Tribes.
3. Violations of the Rights of Women.
4. Women and Domestic Violence : Legal Protections
5. Marital Rape : Law & Related Issues
6. Tackling Sexual Harassment in the Work place: Legal Provisions and Real life Practices
7. Problems of the Elderly.
8. Realities of the Rights of the Disabled.

9. Child labour.
10. Disaster Management : Case Studies 11. Disaster Mitigation : Techniques & Approaches
12. Human Rights Issues related to the Impact of Disasters.
13. Assessment/Critique of Disaster Relief and Rehabilitation Efforts.
14. Science & Superstition.
15. Science & Technology.
16. Rationalism, Scientific Temper & Modernity

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**Sophia College for Women (Autonomous)  
Affiliated to University of Mumbai**

**Syllabus for SYBA & SY B.Sc. Foundation Course PAPER 2**

<b>Subject</b>	<b>Foundation Course</b>
<b>Course Title</b>	<b>Contemporary Issues II</b>
<b>Paper Number</b>	<b>02</b>
<b>Total number of credits</b>	<b>02</b>
<b>Semester</b>	<b>04</b>
<b>Total No of lectures per term</b>	<b>45</b>
<b>Total number of lectures Per Week</b>	<b>03</b>
<b>Total marks (per semester)</b>	<b>75</b>
<b>Int. Assmnt. marks (per semester)</b>	<b>25</b>
<b>Passing Marks</b>	<b>40%</b>

**Foundation Course (Semester IV)**

**Course Title: Contemporary Issues- II**

**Objectives:**

1. To develop a basic understanding about issues related to Consumer Rights and various Acts and provisions available to reinstate them.
2. To understand the nature of human relation to ecology and various environmental principles.
3. To appreciate the significance of Modern Technologies.

**Outcomes:**

By the end of the course, students will be able to:



1. Extend knowledge on the rights of consumers
2. Evaluate various approaches to understanding Ecology
3. Expose existing superstitious belief systems and acquire scientific attitudes and appreciate the significance of Modern Technologies.

## Syllabus

### **Unit 1 Significant, contemporary Rights of Citizens**

- 1.1. Rights of Consumers: Violations of Consumer Rights and important provisions of the Consumer Protection Act, 2016, Consumer courts and Consumer Movements.
- 1.2. Right to Information: Genesis and relation with transparency and accountability; important provisions of the Right to Information Act, 2005; some success stories.
- 1.3. Public Interest Litigation: some landmark cases.
- 1.4. Citizens' Charters, Public Service Guarantee Acts.
- 1.5. Right to Dissent: Some issues- freedom of expression

### Unit 2 Approaches to understanding Ecology

- 2.1. Anthropocentrism, Biocentrism and Ecocentrism
- 2.2. Ecofeminism and Deep Ecology.
- 2.3. Sustainable development and Human rights principles
- 2.4. Obligations to future generations
- 2.5. Environmental Laws

### Unit 3 Science and Technology II (Significant Modern Technologies, Features and Applications & Issues)

- 3.1. Laser Technology (Light Amplification by Stimulated Emission of Radiation): Applications of laser technology.
- 3.2. Satellite Technology and Information, Communication.
- 3.3. Educational Technology: MOOCs, SWAYAM, etc.
- 3.4. Biotechnology and Genetic engineering: Genetically modified organisms and Cloning.
- 3.5. Issues of Control, Access and Misuse of Technology

### **Semester End Examination – External Assessment (50 marks)**

There shall be four compulsory questions

Q1-3 shall correspond to the three units

Q1-3 shall contain an internal choice (attempt any 1 of 2 from each unit)

Q1-3 shall carry a maximum of 12 marks each.

Q4 shall be short notes from Unit 1 to 3.

Q4 shall carry a maximum of 14 marks (4 x 3.5 marks) (attempt any 4 of 6)

## **Internal Assessment (50 marks) (The best 2 from the 3 IAs)**

**Part 1: Objective type test (25 Marks)**

**Part 2: Project 1 (25 marks)**

**Part 3: Project 2 (25 marks)**

### Project Guidelines:

1. At the beginning of the semester, students should be assigned project topics.
2. Students can work in groups of not more than 8 per topic.
3. Project Marks will be divided as written submission: 10 Marks & Presentation: 10 marks)
4. The Project/Assignment can take the form of Street-Plays / Power-Point Presentations / Poster Exhibitions and similar other modes of presentation appropriate to the topic.
5. Students must submit a hard copy of the Project before the last teaching day of the semester.

### Project Topics:

1. Consumer Rights: Case Studies.
2. Public Interest Litigation: Case Studies.
3. Frivolous Public Interest Litigation
4. PIL Activism : Various Dimensions
5. Importance of PIL
6. RTI movement in India
7. Citizens' Charters: Relevance & Success stories.
8. Social Network sites and its impact on youth.
9. Carbon footprints.
10. Initiatives to 'Save the Girl Child' and the role of the Government.
11. Nuclear power projects and the threat of accidents.
12. Laser Technology and its application in Medicine.
13. Declining Sex Ratio; Causes and Effects
14. Deep Ecology.
15. Eco-feminism.
16. Polluter Pays Principle
17. Consumerism & Sustainability.
18. Laser Technology: Major & Recent Developments.
19. Nano Technology: Major & Recent Developments.
20. Genetic Engineering: Pros & Cons.
21. GM Food: Debates

22. Morality & Ethics of Cloning.
23. ICT: New Frontiers
24. ICT/Social Media: WhatsApp, Facebook: Legal Issues & Scientific Developments.
25. Nuclear Energy and its impact on environment and health
26. Female Foeticide
27. GM Crops and its impact
- 28.28. Green Technology
- 29.29. Orchid Hotel- Eco Friendly
30. Issues of adulteration of food and medicine
31. Increasing use of cell phone and its impact on lifestyle

### READING LIST FOR SEMESTER III & IV

Asthana, D. K., and Asthana, Meera, *Environmental Problems and Solutions*, S. Chand, New Delhi, 2012.

Bajpai, Asha, *Child Rights in India*, Oxford University Press, New Delhi, 2010. Bhatnagar Mamta and Bhatnagar Nitin, *Effective Communication and Soft Skills*, Pearson India, New Delhi, 2011.

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Kaushal, Rachana, *Women and Human Rights in India*, Kaveri Books, New Delhi, 2000.

Mohapatra, Gaur Krishna Das, *Environmental Ecology*, Vikas, Noida, 2008.

Motilal, Shashi, and Nanda, Bijoy Lakshmi, *Human Rights: Gender and Environment*, Allied Publishers, New Delhi, 2007.

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Parsuraman, S., and Unnikrishnan, ed., *India Disasters Report II*, Oxford, New Delhi, 2013

Reza, B. K., *Disaster Management*, Global Publications, New Delhi, 2010.

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Thorpe, Edgar, *General Studies Paper I Volume V*, Pearson, New Delhi, 2017.

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