



SOPHIA COLLEGE

(AUTONOMOUS)

Affiliated to the University of Mumbai

Syllabi for Paper 1 Semester I & II

Program: B. A. & BSc.

Course: Foundation Course

(Choice Based Credit System with effect from the year 2018-19)

**Sophia College for Women (Autonomous)
Affiliated to University of Mumbai**

Syllabus for FYBA & FY B.Sc. Foundation Course PAPER 1

Subject	Foundation Course
Course Title	Foundations in Indian Society
Paper Number	01
Total number of credits	02
Semester	01
Total No of lectures per term	45
Total number of lectures Per Week	03
Total marks (per semester)	75
Int. Assmnt. marks (per semester)	25
Passing Marks	40%

Foundation Course Semester I

Course Title: Foundations in Indian Society

Objectives:

1. To familiarize students with the concepts, evolution of rights with special reference to the constitution of India
2. To acquaint students with the principles and values in ethics
3. To sensitize students with regard to the emerging gender identities and crisis in the Indian context.

Syllabus

1 Fundamental Rights

- 1.1 Notion of Rights : Meaning and Characteristics
- 1.2 Historical Evolution of Human Rights
- 1.3 Constitution of India: Making and preamble,
- 1.4 Constitution of India: Citizenship, Fundamental rights and Directive Principles of State Policy
- 1.5 Crisis and challenges: Homogenization, Pluralism, Liberty, Equality

2 Ethics in Public Domain

- 2.1 Meaning and Perspectives in Ethics
- 2.2 Truth
- 2.3 Non-Violence
- 2.4 Justice
- 2.5 Work Ethics

3. Gender Construction in India

- 3.1 Concepts - Gender, Patriarchy and Feminism
- 3.2 Declining sex ratio – female foeticide and female infanticide
- 3.3 Cycle of Violence – Malnutrition, Eve-Teasing, Rape, Dowry, Domestic Violence, Sexual Harassment of women at Work place
- 3.4 Emerging Gender Identities – LGBTQIA+
- 3.5 Women's Movement in India

Semester End Examination – External Assessment (75 marks)

1. There shall be four compulsory questions
2. Q1-3 shall correspond to the three units
3. Q1-3 shall contain an internal choice (attempt any 2 of 3)
4. Q1-3 shall carry a maximum of 20 marks
5. Q4 shall be a short notes from Unit 1 to 3.
6. Q4 shall carry a maximum of 15 marks(3x5 marks) (attempt any 3 of 6)

Internal Assessment (25 marks)

Part 1: Project Work (20 Marks)

1. At the beginning of the semester, students should be assigned project topics drawn from Unit 1 to Unit 4.
2. Students can work in groups of not more than 8per topic.
3. Project Marks will be divided as written submission: 10 Marks & Presentation & Viva: 10 marks)
4. The Project/Assignment can take the form of Street-Plays/Power-Point Presentations/Poster Exhibitions and similar other modes of presentation appropriate to the topic.
5. Students must submit a hard copy of the Project before the last teaching day of the semester.

Part 2: Attendance – 05 marks

READING LIST

Baruah, Aparijita. Preamble of the Constitution of India: An Insight and Comparison with Other Constitutions. New Delhi: Deep & Deep. 2007. ISBN 81-7629-996-0.

M Laxmikanth. "4". Indian Polity (4th ed.). McGraw Hill Education. p. 4.5. ISBN 978-1-25-906412-8.

Basu, Durga Das. Introduction to the Constitution of India (10th ed.). South Asia Books. 1984. ISBN 0-8364-1097-1

Pylee, M.V. India's Constitution. S. Chand & Co. 1997. ISBN 81-219-0403-X.

Pylee, M.V. Our Constitution Government & Politics. Universal Law Publishing Co.Pvt. Ltd., Delhi. 2002

Khanna, Justice H.R. Making of India's Constitution (2nd Edition 2008, (Reprinted 2015) ed.). Eastern Book Company. ISBN 978-81-7012-188-6.

Bidyut Chakrabarty & Rajendra Kumar Pandey. Indian Government and Politics. 2008

Swapan Deb Barma. Human Rights under Indian Constitution. 2010.

Rokeach, Milton .The Nature of Human Values. New York: The Free Press. 1973.

Peter Singer (ed.). A Companion to Ethics. Blackwell. Oxford. 1993.

Alexis G. Burgess and John P. Burgess . Truth (1st ed.). Princeton University Press. 2011. ISBN 978-0691144016.

Horwich, P. Truth. 2nd ed. Oxford: Oxford University Press. 1998.

Michael P. Lynch, "The Values of Truth and the Truth of Values". In Epistemic Value.

Millar, Pritchard (ed.) Oxford: OUP.

Ron Panzer. Man in the World: Part Four of Ten Truthfulness (Part of the Ethics of Life Series) April 17, 2013.

Access: http://www.lifeissues.net/writers/pan/pan_61manintheworld-4.html

Holmes, Robert L. and Barry L. Gan (eds). Nonviolence in Theory and Practice. ISBN 978-1577663492

Gan, Barry L. Violence and Nonviolence: An Introduction, ISBN 978-1442217607

Brian Barry, Theories of Justice. University of California Press, Berkeley. 1989

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Steven Johnston. The Truth about Patriotism, Durham NC, Duke University Press, 2007.

Leonard W. Doob. Patriotism and Nationalism.1964.

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Smith ,Jodi R. R. The Etiquette Book: A Complete Guide to Modern Manners, Kindle Edition e-book. 2011.

Emily Post. Emily Post's Etiquette, 18th Edition (Peggy Post, Anna Post, 2011. ISBN-13: 978-0061740237

West, Kay, John Bridges and Bryan Curtis. 50 Things Every Young Lady Should Know: What ... (Kindle Edition), 2011.

Seglin, Jeffrey L. The Simple Art of Business Etiquette: How to Rise to the Top by Playing Nice. Kindle Edition.2015.

Agarwal, Anuja. Gendered Bodies; The Case of the Third Gender in India. Contribution to Indian Publication, 1997

Chattopadhyay Sujitkumar. Gender Socialisation and the Making of Gender in the Indian Context. Sage Publications. 2018

Dubey Surindranath, Population of India 2001, Authors Press, 2001

Ghadially Rehana. Women in Indian Society A Reader. Sage Publications. 1988

University of Mumbai

Sophia College for Women (Autonomous)

Syllabus for FYBA & FYBSc. Foundation Course PAPER 1

Subject	Foundation Course
Course Title	Basic Issues and Concerns in Indian Society
Paper Number	01
Semester	02
Total number of credits	02
Total No of lectures per term	45
Total number of lectures Per Week	03
Total marks (per semester)	75
Int. Assmnt. marks (per semester)	25
Passing Marks	40%

Foundation Course Semester II

Course Title: Basic Issues and Concerns in Indian Society

Objectives:

1. To familiarize students with the processes of liberalisation, privatisation and globalisation and its impact on Indian society.
2. To initiate students into discussions on stress and conflict and equip them with the techniques to deal with it
3. To enable students to understand and appreciate the social, cultural and political issues in India.

Syllabus

1. Liberalisation, Privatisation, Globalisation

- 1.1 Overview of liberalization, privatisation and globalisation
- 1.2 Impact on agriculture, industry and services
- 1.3 Impact on employment: organised and unorganised
- 1.4 Critique of LPG: global and local
- 1.5 Issues and challenges: Marginalised

2. Stress and Conflict

- 2.1 Meaning and causes of stress
- 2.2 Stress Management
- 2.3 Types of Conflict
- 2.4 Causes of conflict
- 2.5 Conflict Resolution

3. Social Conflict

- 3.1 Understanding Social Conflict: hegemony, hierarchy, borders, control on natural resources
- 3.2 Communalism
- 3.3 Regionalism and Linguism
- 3.4 Casteism
- 3.5 Ethnicity and Racism

Semester End Examination – External Assessment (75 marks)

1. There shall be four compulsory questions
2. Q1-3 shall correspond to the three units
3. Q1-3 shall contain an internal choice (attempt any 2 of 3)
4. Q1-3 shall carry a maximum of 20 marks
5. Q4 shall be a short notes from Unit 1 to 3.
6. Q4 shall carry a maximum of 15 marks(3x5 marks) (attempt any 3 of 6)

Internal Assessment (25 marks)

Part 1: Project Work (20 Marks)

1. At the beginning of the semester, students should be assigned project topics drawn from Unit1toUnit 4.
2. Students can work in groups of not more than 8 per topic.
3. Project Marks will be divided as written submission: 10 Marks & Presentation & Viva: 10 marks)
4. The Project/Assignment can take the form of Street-Plays/Power-Point Presentations/Poster Exhibitions and similar other modes of presentation appropriate to the topic.
5. Students must submit a hard copy of the Project before the last teaching day of the semester.

Part 2: Attendance – 05 marks

READING LIST

Kapila Uma. Indian Economy: Performance and Policy, 17th ed Academic Foundation 2017

Mishra S K, Puri ,V K. Indian Economy Himalaya Publishing House, 2012

Gleitman Henry, Basic Psychology. 1983

Morris and Maisto, Basic Psychology. 1996

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Garner, Steve. Racisms: An Introduction.(SECOND EDITION).Sage Publishers. Birmingham City University, UK. 2009

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Puniyani, Ram. Communalism: India's Struggle for Democracy and Pluralism (Critical Debates on History & Politics. 2018

Puniyani, Ram. Communal Threat to Secular Democracy. 2010

Puniyani, Ram. Secularism in India: Concept and Practice.2017

Praful Bidwai, Harbans Mukhia and Achin Vinayak (eds.), Religion, Religiosity and Communalism, Delhi, Manohar

Chandra, Bipan. Communalism in Modern India. Vikas Publishing House. New Delhi.1987.

Bhattacharyya, Harihar. Federalism and Regionalism in India: Institutional Strategies and Political Accommodation of Identities. Working paper No. 27, South Asia Institute, Dept. of Political Science. University of Heidelberg, Heidelberg. 2005.

Taylor, Charles. Multiculturalism. Princeton University Press. 2011. ISBN 978-1-4008-2140-2.

Barry Brian. Culture and Equality: An Egalitarian Critique of Multiculturalism. Harvard University Press. 2002. ISBN 978-0-674-01001-7.

Kymlicka, Will. Multicultural Citizenship: A Liberal Theory of Minority Rights. Oxford University Press. 1995. ISBN 978-0-19-152097-6.

Kymlicka, Will. Multiculturalism in Asia. Oxford University Press. 2005. (ISBN 019927763X)

Parekh, Bhikhu. Rethinking Multiculturalism: Cultural Diversity and Political Theory (2nd Edition). Palgrave. 2000.



SOPHIA COLLEGE

(AUTONOMOUS)

Affiliated to the University of Mumbai

Syllabi for Paper 2 Semester III & IV

Program: B. A. & BSc.

Course: **Foundation Course**

(Choice Based Credit System with effect from the year 2019-20)

Sophia College for Women (Autonomous)
Affiliated to University of Mumbai

Syllabus for SYBA & SY B.Sc. Foundation Course PAPER 2

Subject	Foundation Course
Course Title	Contemporary Issues I
Paper Number	02
Total number of credits	02
Semester	03
Total No of lectures per term	45
Total number of lectures Per Week	03
Total marks (per semester)	75
Int. Assmnt. marks (per semester)	25
Passing Marks	40%

Foundation Course Semester III

Course Title: Contemporary Issues- I

Objectives:

1. Develop a basic understanding about issues related to Human Rights of weaker sections with various redressal mechanisms in place, ecology, and science and technology.
2. Appreciate the importance of developing a scientific temper towards technology and its use in everyday life.
3. Gain an overview of significant skills required to address competition in career choices.

Syllabus

Unit 1 Human Rights Provisions, Violations and Redressal

- A. Scheduled Castes- Constitutional and legal rights, Forms of violations, Redressal mechanisms.
- B. Scheduled tribes- Constitutional and legal rights, Forms of violations, Redressal mechanisms.
- C. Women- Constitutional and legal rights, Forms of violations, Redressal mechanisms.
- D. Children- Constitutional and legal rights, Forms of violations, Redressal mechanisms.
- E. People with Disabilities, Minorities, and the Elderly population- Constitutional and legal rights, Forms of violations, Redressal mechanisms.

Unit 2 Dealing with Environmental Concerns

- A. Concept of Disaster and general effects of Disasters on human life- physical, psychological, economic and social effects.
- B. Some locally relevant case studies of environmental disasters.
- C. Dealing with Disasters - Factors to be considered in Prevention, Mitigation (Relief and Rehabilitation) and disaster Preparedness.
- D. Human Rights issues in addressing disasters- issues related to compensation, equitable and fair distribution of relief
- E. Humanitarian approach to resettlement and rehabilitation.

Unit 3 Science and Technology I

- A. Development of Science: the ancient cultures, the Classical era, the Middle Ages, the Renaissance, the Age of Reason and Enlightenment.
- B. Nature of science: its principles and characteristics; Science as empirical, practical, theoretical, validated knowledge.
- C. Science and Superstition: the role of science in exploding myths, blind beliefs and prejudices.
- D. Science and scientific temper- scientific temper as a fundamental duty of the Indian citizen.
- E. Science in everyday life: technology, its meaning and role in development; Interrelation and distinction between science and technology.

Unit 4 Soft Skills for Effective Interpersonal Communication

- A. Effective Listening - Importance and Features.
- B. Verbal and Non-Verbal Communication; Public-Speaking and Presentation Skills.
- C. Barriers to Effective Communication; Importance of Self-Awareness and Body Language, Formal and Informal Communication - Purpose and Types.
- D. Writing Formal Applications, Statement of Purpose (SOP) and Resume, Preparing for Group Discussions, Interviews and Presentations.
- E. Leadership Skills and Self-Improvement - Characteristics of Effective Leadership, Styles of Leadership and Team-Building.

Semester End Examination – External Assessment (75 marks)

- 1. There shall be four compulsory questions
- 2. Q1-3 shall correspond to the first three units
- 3. Q1-3 shall contain an internal choice (attempt any 2 of 3)
- 4. Q1-3 shall carry a maximum of 20 marks
- 5. Q4 shall be a short notes from Unit 4.
- 6. Q4 shall carry a maximum of 15 marks(3 x 5 marks) (attempt any 3 of 6)

Internal Assessment (25 marks)

Part 1: Project Work (20 Marks)

- 1. At the beginning of the semester, students should be assigned project topics drawn from Unit 1 to Unit 4.
- 2. Students can work in groups of not more than 8 per topic.
- 3. Project Marks will be divided as written submission: 10 Marks & Presentation: 10 marks)
- 4. The Project/Assignment can take the form of Street-Plays / Power-Point Presentations / Poster Exhibitions and similar other modes of presentation appropriate to the topic.
- 5. Students must submit a hard copy of the Project before the last teaching day of the semester.

Part 2: Attendance – 05 marks

Sophia College for Women (Autonomous)
Affiliated to University of Mumbai

Syllabus for SYBA & SY B.Sc. Foundation Course PAPER 2

Subject	Foundation Course
Course Title	Contemporary Issues II
Paper Number	02
Total number of credits	02
Semester	04
Total No of lectures per term	45
Total number of lectures Per Week	03
Total marks (per semester)	75
Int. Assmnt. marks (per semester)	25
Passing Marks	40%

Foundation Course Semester IV

Course Title: Contemporary Issues- II

Objectives:

1. To develop a basic understanding about issues related to Consumer Rights and various Acts and provisions available to reinstate them.
2. To help students understand the nature of human relation to ecology and various environmental principles.
3. To familiarize students with Significant Modern Technologies, their Features, Applications & Issues.
4. To let gain an overview of significant skills required to address competition in career choices

Syllabus

Unit 1 Significant, contemporary Rights of Citizens

- A. Rights of Consumers: Violations of consumer rights and important provisions of the Consumer Protection Act, 2016
- B. Other important laws to protect consumers; Consumer courts and consumer movements.
- C. Right to Information: Genesis and relation with transparency and accountability; important provisions of the Right to Information Act, 2005; some success stories.
- D. Protection of Citizens'/Public Interest: Public Interest Litigation, need and procedure to file a PIL; some landmark cases.
- E. Citizens' Charters, Public Service Guarantee Acts.

Unit 2 Approaches to understanding Ecology

- A. Understanding approaches to ecology- Anthropocentrism, Biocentrism and Eco centism
- B. Understanding approaches to ecology- Ecofeminism and Deep Ecology.
- C. Environmental Principles-1: the sustainability principle; the polluter pays principle
- D. Environmental Principles-2: The precautionary principle and the equity principle
- E. Environmental Principles-3: human rights principles; the participation principle.

Unit 3 Science and Technology II (Significant Modern Technologies, Features and

Applications & Issues)

- A. Laser Technology: Light Amplification by Stimulated Emission of Radiation; use of laser in remote sensing, GIS/GPS mapping, medical use.
- B. Satellite Technology and Information and Communication Technology: various uses in satellite navigation systems, GPS, and imprecise climate and weather analyses; convergence of various technologies like satellite, computer and digital in the information revolution of today's society.
- C. Biotechnology and Genetic engineering: applied biology and uses in medicine, pharmaceuticals and agriculture; genetically modified plant, animal and human life.

- D. Nanotechnology- definition: the study, control and application of phenomena and materials at length scales below 100 nm; uses in medicine, military intelligence and consumer products.
- E. Issues of Control, Access and Misuse of Technology

Unit 4 Competitive Examinations and Soft skills required

- A. Examinations conducted for entry into professional courses - Graduate Record Examinations (GRE), Graduate Management Admission Test (GMAT), Common Admission Test (CAT) and Scholastic Aptitude Test (SAT); Examinations conducted for entry into jobs by Union Public Service Commission, Staff Selection Commission (SSC), State Public Service Commissions, Banking and Insurance sectors, and the National and State Eligibility Tests (NET / SET) for entry into teaching profession.
- B. Information on areas tested: Quantitative Ability, Data Interpretation, Verbal Ability and Logical Reasoning, Creativity and Lateral Thinking.
- C. Motivation: Concept, Theories and Types of Motivation; Goal-Setting: Types of Goals, SMART Goals, Stephen Covey's concept of human endowment.
- D. Time Management: Effective Strategies for Time Management.
- E. Writing Skills: Paragraph Writing, Report Writing, Filing an application under the RTI Act, Consumer Grievance Letter.

Semester End Examination – External Assessment (75 marks)

1. There shall be four compulsory questions
2. Q1-3 shall correspond to the first three units
3. Q1-3 shall contain an internal choice (attempt any 2 of 3)
4. Q1-3 shall carry a maximum of 20 marks
5. Q4 shall be a short notes from Unit 4.
6. Q4 shall carry a maximum of 15 marks(3 x 5 marks) (attempt any 3 of 6)

Internal Assessment (25 marks)

Part 1: Project Work (20 Marks)

1. At the beginning of the semester, students should be assigned project topics drawn from Unit 1 to Unit 4.
2. Students can work in groups of not more than 8 per topic.
3. Project Marks will be divided as written submission: 10 Marks & Presentation:10 marks)
4. The Project/Assignment can take the form of Street-Plays / Power-Point Presentations / Poster Exhibitions and similar other modes of presentation appropriate to the topic.
5. Students must submit a hard copy of the Project before the last teaching day of the semester.

Part 2: Attendance – 05 marks

READING LIST FOR SEMESTER III & IV

Asthana, D. K., and Asthana, Meera, *Environmental Problems and Solutions*, S. Chand, New Delhi, 2012.

Bajpai, Asha, *Child Rights in India*, Oxford University Press, New Delhi, 2010.

Bhatnagar Mamta and Bhatnagar Nitin, *Effective Communication and Soft Skills*, Pearson India, New Delhi, 2011.

G Subba Rao, *Writing Skills for Civil Services Examination*, Access Publishing, New Delhi, 2014

Kaushal, Rachana, *Women and Human Rights in India*, Kaveri Books, New Delhi, 2000.

Mohapatra, Gaur Krishna Das, *Environmental Ecology*, Vikas, Noida, 2008.

Motilal, Shashi, and Nanda, Bijoy Lakshmi, *Human Rights: Gender and Environment*, Allied Publishers, New Delhi, 2007.

Murthy, D. B. N., *Disaster Management: Text and Case Studies*, Deep and Deep Publications, New Delhi, 2013.

Parsuraman, S., and Unnikrishnan, ed., *India Disasters Report II*, Oxford, New Delhi, 2013

Reza, B. K., *Disaster Management*, Global Publications, New Delhi, 2010.

Sathe, Satyaranjan P., *Judicial Activism in India*, Oxford University Press, New Delhi, 2003.

Singh, Ashok Kumar, *Science and Technology for Civil Service Examination*, Tata McGraw Hill, New Delhi, 2012.

Thorpe, Edgar, *General Studies Paper I Volume V*, Pearson, New Delhi, 2017.
